All of us in Marin have an equal opportunity to live our lives with dignity and respect.
## GENERAL SERVICES

### Canal Alliance
91 Larkspur St., San Rafael  M-F 9am-5pm  (www.canalalliance.org)
(closed for lunch 12-1pm)
- English, citizenship, and computer classes
- Basic translation and interpretation services
- Teen center and after school study program for youth
- Youth and Parent support groups
- General information for residents of the Canal neighborhood and help with basic needs
- After school program
- Food distribution
- Emotional support

### North Marin Community Services
1907 Novato Blvd., Novato  email: info@northmarincs.org
M-Th 9:30-11:30am & 1-4pm
- Employment resources and job referrals
- Emergency food and financial assistance
- Latino outreach and general services
- Child care resources

### United Way of the Bay Area
1-800-273-6222...or .....211  email: resources@uwba.org  (www.211bayarea.org)
- Connects you with community services, childcare, job training, senior services, counseling, food, shelter, and health care  808-4300
- Available 24 hrs. a day in more than 150 languages

### Marin Center for Independent Living (CIL)
710 Fourth St, San Rafael  (www.marincil.org)
- Provides services for the elderly and disabled only

### Multi Cultural Center of Marin
30 N. San Pedro Rd Ste. 250, San Rafael  (www.cwcenter.org)
M-F 10am-5pm (Sat. 9-10:30am food pantry)
- Services to canal residents and people recently arrived in the area
- Self-empowerment programs

### Women Helping All People
79 Cole Dr., Ste. 4, Marin City  (www.mcwhap.org)
M-Th 9am-5pm, F 9am-1:30pm  email: whap@marin.org
- Computer training lab, multimedia class, and ESL and GED classes
- Emergency financial assistance, rent, energy/utility assistance
- After school tutorial program, K-12th grade M-Th. 3-6pm
- Private K-12 school during the day
- Finders, Keepers Shop – free clothing and household goods
- Employment/Training and Job Placement Services
- Family help and counseling

### West Marin Community Services
11431 Hwy. 1, Ste. 10, Pt. Reyes  (westmarincommunityservices.org)
M-F 9am-5pm Closed for lunch 12-1pm  email: info@westcommunityservices.org
- Referrals based on need
- Food programs
- Emergency financial assistance, energy/utility assistance
- Rental assistance (based on need and interview)
- Swim program for children ages 5 and up
- Holiday program (gifts, food boxes, and Thanksgiving dinner)
- Thrift

### Ritter Center
16 Ritter St, San Rafael  Client services M-F 9am-5pm  (www.rittercenter.org)
- Referrals to shelters and other services
- Emergency clothing for the homeless
- Day services for homeless people, laundry and showers available from 8:30-2:00. Call the day before for appointment ext.120
- Doctors & nurses available
- Psychotherapists available by appointment
- Financial Assistance – only for single parents or the disabled
- Weekly food assistance (M,F 8:30am-4:30pm)
- Private voice mail for the homeless
CHILD CARE

Marin Child Care Council ................................................. 472-1092
555 Northgate Dr. Ste. 105, San Rafael (www.mc3.org)
M-Th 8am-4pm, F 8am-3pm
• Information and referrals for subsidized licensed child care providers and for parents in the county of Marin
• Oversees the CalWORKS childcare subsidy
• Training for child care providers

Community Action Marin – Children and Family Services
555 Northgate Drive, Ste. 201 San Rafael (www.camarin.org)
• Child care referrals for children 3 months to 12 years in Marin City, Novato and San Rafael
• Price based on income (sliding scale)
• Family Childcare Network serving children 3 months to 5 years

Child Development Program ................................. 526-7540
• Child care referrals for children 3 months to 12 years in Marin City, Novato and San Rafael
• Price based on income (sliding scale)
• Family Childcare Network serving children 3 months to 5 years

Head Start ................................................................. 526-7570
• Serves expectant families and families with children birth-5 years
• No cost to families who qualify for the program
• Classrooms and home-visiting programs throughout Marin County
• Part-day and Full-day services

EARLY INTERVENTION

Marin County Office of Education – Special Education Services .............................. 472-1969
1111 Gallinas Ave, San Rafael M-F 8am-4pm
e-mail: jcampbell@marinschools.org
• Assessments, evaluation and therapy for children 0-5
  NOTE: Novato, San Rafael, Ross Valley, Larkspur/Corte Madera, and Mill Valley school districts provide their own assessments

Matrix Parent Network ............................................ 884-3535
94 Galli Dr., Suite C, Novato M-F 9am-5pm (www.matrixparents.org)
• Assistance to families of children 0-26, with special needs or disabilities
• Advocacy information and resources in English and Spanish
• Prevention resource referral service for at risk children 0-3 yrs
• Parent Support Groups
• Parent workshops and trainings, and webinars on the website
• HELPLINE available M-Th 9am-2pm at ................. 1-800-578-2592

California Children’s Services (CCS) ......................... 499-6877
3240 Kerner Blvd., San Rafael M-F 8am-5pm (www.dhcs.ca.gov)
• Medical diagnosis, treatment, physical therapy and occupational therapy as well as equipment for children with special medical needs
• Serves children 0-21

Golden Gate Regional Center ................................. 446-3000
4000 Civic Center Dr Suite 310, San Rafael M-F 8am-5pm (www.ggrc.org)
• Services for children with developmental disabilities (by appointment only)
• Adult age services
• Service for 0-3 year old Early Start Program

All numbers require 1 • 415 area code unless otherwise indicated.
College of Marin........................................................................................................... 457-8811
835 College Avenue, Kentfield, 94904  (www.marin.edu)
1800 Ignacio Blvd. Novato 94949 (Indian Valley)
• Credit classes available to earn associate degree or earn transferable credits to a four year college
• Free program to study for the EOPS
• GED
• ESL English classes, non-credit (free)
• English classes, credit
• Non-credit classes for personal enjoyment
• Counseling for students enrolling in credit classes
• Free tutoring for all academic classes

Public Libraries
Marin City Library ................................................. 164 Donahue St. __________________________ 332-6158
San Rafael Public Library ......................................... 1100 E St. ____________________________ 485-3323
Novato Library ....................................................... 1720 Novato Blvd. ________________________ 473-2050
South Novato Library .............................................. 931 C St. Novato ________________________ 506-3165
Pt. Reyes Library ..................................................... 11431 State Route One ____________________ 663-8375
Mill Valley Public Library .......................................... 375 Throckmorton Ave. ____________________ 389-4292
Sausalito Public Library ........................................... 420 Litho St. (City Hall Bldg) ___________ 289-4121
San Anselmo Library .............................................. 110 Tunstead Ave. ______________________ 258-4656
Larkspur Public Library ............................................ 400 Magnolia Ave. ______________________ 927-5005
Civic Center Library ................................................. 3501 Civic Center Dr. #427 (1st Bld. 4th Fl) 473-6058
Corte Madera Library ............................................... 707 Meadowsweet Dr. ____________________ 924-3515
Fairfax Library ......................................................... 2097 Sir Francis Drake Blvd. _______________ 453-8151
Inverness Library ..................................................... 15 Park Ave. ____________________________ 669-1288
Stinson Beach Library ............................................ 3521 Shoreline Highway ____________________ 868-0252
Bolinas Library ......................................................... 14 Wharf Rd ______________________________ 868-1171
Belvedere-Tiburon Library ....................................... 1501 Tiburon Blvd. ________________________ 789-2665
Pickleweed Library .................................................. 50 Canal Street ___________________________ 485-3483

10,000 Degrees............................................................................................................ 459-4240
1650 Los Gamos Dr. #100, San Rafael  (www.10000degrees.org)
M-F 9am-5pm  email: jchoi@10000degrees.org
• Scholarships and financial aid information for federal, state, and private funds grants for undergraduate study, fifth year teaching credential, vocational studies, and child care (Marin residents only)
• Information about colleges, universities, and vocational schools
• Resource and information center open to residents and non-residents of Marin County
• Workshops on college choice and financial aid, vocational grants, and use of the Resource Center
• Childcare scholarships for parents attending college

English as a Second Language and Additional Resources for Education
Canal Alliance (see page 1) ......................................................................................... 454-2640
West Marin Literacy Program (see page 5) ......................................................... 663-8626
Whistlestop Senior Center ....................................................................................... 456-9062
Dominican University of California ........................................................................ 457-4440
Women Helping All People (see page 2) ................................................................. 332-1703

CalWORKS (For social welfare beneficiaries) .... 1-877-410-8817
120 N. Redwood Dr. Third Floor, San Rafael  M-F 8am-4pm
• A program for those receiving TANF (Government financial assistance)
• Job search support, education, and professional training and peer tutorial.
• Emergency Transportation

All numbers require 1 + 415 area code unless otherwise indicated.
EMPLOYMENT AND TRAINING

Employment Development Department (EDD)
120 N Redwood Dr., San Rafael M-F 8am-12pm (www.edd.ca.gov)
Unemployment insurance benefits........English..............1-800-300-5616
Unemployment insurance benefits........Spanish..............1-800-326-8937

Regional Occupational Programs (ROP).........499-5860
1111 Las Gallinas Ave., San Rafael M-F 7:30am-4:30pm (www.marinrop.org)
• Call for times and locations of trainings
• Low-cost vocational training including computer skills, graphic arts, word processing, automotive repair, culinary arts for high school students

CareerPoint Marin ..............................................473-3300
120 N Redwood Dr., East Wing, San Rafael (www.careerpointnorthbay.org)
M-F 8am-4pm
• Serving the employer and job seekers’ community
• Services available in English, Spanish and Vietnamese sometimes
• Job listings and vocational counseling
• Job-seeking skills training program and vocational training
• Will refer for limited English employment programs and ESL

Marin County Department of Health and Human Services Division of Social Services, Employment and Training Branch
120 N Redwood Dr., West Wing, San Rafael M-F 8am-5pm
• County General Assistance Program providing cash assistance and employment services for unemployed adults
• Employment and Training Direct Line.................................473-3350

Career Resource Center
• CaJOBS Internet database and Job Central for clients to view job listings and put resumes on-line
• Full range of job search workshops (entry level to professional)
• On-site employer recruitment sessions
• Computer, fax and phone use available for employment related activities. Resource library also available

Other Job Listings
Women Helping All People (see page 2)....................332-1703
10,000 Degrees (see page 6).................................459-4240
Marin Center for Independent Living (see page 1)...........459-6245

Career Resource Center

YWCA .................................................................479-9922
30 N San Pedro Rd. #170A, San Rafael (www.fiftyplusmarin.org)
M-Th 8:30am-4:30pm (Transit/Smart Train Access)
• Fifty+ — Free Employment Support Services for Women
• Orientation every Monday, 11:50 PM
• Comprehensive workshops
• Extensive computer training
• One on one client employment counseling
• Free computer tutoring

Marin Conservation Corps.................................454-4554
27 Larkspur St., San Rafael M-F 8:30am-5pm
11 Pimentel Ct., Novato (www.conservationcorpsnorthbay.org)
• Land conservation work
• On the job training for 18 to 25 year olds
• Offers GED, ESL

All numbers require 1 + 415 area code unless otherwise indicated.
FAMILY SUPPORT

Buckelew Programs.............................................................457-6964
1401 Los Gamos, San Rafael (www.buckelew.org)
email:info@buckelew.org
• Parent, child, adolescent, family counseling – Spanish spoken
• Low fee (sliding scale)
• Substance abuse and recovery issues

Marin Pregnancy Clinic..................................................892-0558
1320A Grant Ave., Novato (www.marinpregnancyclinic.org)
email: info@marinpregnancyclinic.org
• Medical care & practical solutions for women with or without
  insurance who are pregnant

CAMFT Pro Bono Committee .........................459-3484 ext. 1
185 North Redwood Highway, San Rafael (www.marincamft.org)
• Individual and family counseling – Spanish spoken
• Low fee (sliding scale)

Community Institute for Psychotherapy.............459-5999
1330 Lincoln Ave, Ste. 201, San Rafael M-Sat 8am-9pm (www.cipmarin.org)
Admin Office: M-F 8:30am-5:30 pm  Clinic Office: M-Sat 8am-8:00pm
• Low fee (sliding scale)
• Counseling for individuals, families, couples, children, adolescents,
  and groups – Spanish spoken
• Play therapy and Eating Disorders Program
• Psychological Testing (not for legal cases)
  (Set up appointments at 415-459-5999 ext. 102)

Community Mental Health and Substance Use Services..................499-6830
250 Bon Air, Greenbrae
• 24 Hour Crisis Unit
• Clinic 9-5 daily / Marin General

Family Works .................................................................492-0720
365 Bel Marin Keys Ste. 100, Novato M-F 9am-5pm (www.familyworks.org)
No supervised visits

Counseling Program
• Low fee (sliding scale)
• Individuals, couples, families, and children
• Parenting support & life skills education for adults with disabilities

Parent Education and Support Programs
• Scholarships available
• Confident Parenting classes, Positive and Peaceful Parenting
• CPR and First Aid classes
• Free pregnant and postpartum support group – Mothers Group

The Spahr Center.................................457-2487
150 Nellen Ave, Ste. 100, Corte Madera (thespahrcenter.org)
M, W, F 9am-5pm T, Th 9-7pm
• Services for transgender, youth, seniors and all LGBTQI people,
  including those living with HIV/AIDS.

All numbers require 1 + 415 area code unless otherwise indicated.
Marin County Psychological Association ........... 272-3282
1044 Sir Francis Drake Blvd., Kentfield (www.marincountypsych.org)
- Low fee (sliding scale)
- Family, individual and couple counseling
- Will refer for Spanish-speaking counselors available
  (Limited services)

Center for Domestic Peace.......................... 457-2464
734 A St., San Rafael M-F 9am-5pm (www.centerfordomesticpeace.org)
Hotline in English (24 hour) ........................................... 924-6616
Hotline in Spanish (24 hour) ........................................... 924-3456
Man Kind hotline (24 hour) ........................................... 924-1070
Youth Services Program (ages 13-24 text line) ............ 526-2557
- Support for women dealing with domestic violence
- Short and long term shelters for women and children victims of domestic violence
- Reeducation classes for batterers
- Transitional housing

Other sliding scale family support agencies
Child Therapy Institute of Marin.......................... 456-7724
Marin Family Therapy Center.............................. 892-0764
Catholic Charities .................................................. 507-2000

All numbers require 1 + 415 area code unless otherwise indicated.

FINANCIAL ASSISTANCE

Agencies with limited funding for emergency situations
Canal Alliance (see page 1) ........................................... 454-2640
Ritter Center (see page 1) (rental assistance only) ............... 457-8182
North Marin Community Services (see page 1) (rental and car repair)... 897-4147
Salvation Army San Rafael (see page 13) (depends on funding) .... 459-4520
Women Helping All People (see page 2) ...................... 332-1703
West Marin Community Resource Center (see page 2) ......... 663-8361

Adopt a Family of Marin .......................... 456-7805
35 Mitchell Blvd #16, San Rafael M-Th. 9am-5pm (English ext.12, Spanish ext.13)
- Helping Marin county families get back on their feet with a commitment to end homelessness
- Help with security deposits, rent, car repair, utilities, food vouchers

Reach (Salvation Army Program) ...................... 1-800-933-9677
M-F 8am-4pm
- Help with payment of PG&E utilities during financial hardship

Marin County Dental Care Foundation and
Marin County Dental Society ...................... 472-7974
175 N Redwood Dr., Ste. 130, San Rafael M-Th. 8am-4pm (www.mcdsweb.org)
- Provides financial assistance for comprehensive dental care to children under 18 (no orthodontia)

Community Action Marin (see page 3) ............. 526-7500
555 Northgate Drive, Suite 201, San Rafael M-F 9am-5pm (www.camarin.org)

Economic Opportunity
- Financial Career and Credit Coaching
- Volunteer Income Tax Assistance (VITA)
- Energy Assistance
- Emergency Family Needs

Community Action Marin – LIHEAP .................. 526-7550
Or call your local community agency and ask about this program
- Program provides Utility Assistance (PG&E), Wood or Propane to income eligible households
- Weatherization services also available
FOOD RESOURCE
Emergency Food Sites – call for Pantry Hours

San Rafael
- Canal Alliance 91 Larkspur St. T 10:45-5pm (see page 1) ........ 454-2640
- Salvation Army 351 Mission Ave. W 2:30-5:30pm ............... 459-4520
- Ritter Center 16 Ritter St. (see page 1) .............................. 457-8182
- Canal Welcome Center .......................................................... 526-2486
- St. Vincent de Paul Society 820 B St. San Rafael, free dining room
  Daily 6:30-10am, 11am-1pm ..................................................... 454-3393

Novato
- North Marin Community Services ...................................... 897-4147
  1907 Novato Blvd. (see page 1)

West Marin
- West Marin Community Services 1431 Hwy. 1 Ste. 10
  (see page 2) ........................................................................... 663-8361
- San Geronimo Valley Community Center ............... 488-8888 (press 3)
  6350 Sir Francis Drake Blvd. M-F 9am-5pm

Free Groceries For Residents ........................................ 415-924-4393
Holy Innocents Episcopal Church 2 Tamalpais Dr., Corte Madera
(every Thursday at 5pm)
- Fresh fruits and vegetables
- Dry and canned goods
- Protein

USDA Food Bank Sites
- St. Andrew Presbyterian Church – Marin City .................. 332-1011
- Canal Community Alliance – San Rafael (see page 1) .......... 454-2640
- Salvation Army – San Rafael .................................................. 454-7201
- San Geronimo Valley Community Center ..................... 488-8888
- North Marin Community Services – Novato ....................... 897-4147
- West Marin Community Services – Pt. Reyes ..................... 663-8361

WIC – Supplemental Nutrition Program
for Women, Infants, and Children ................................. 473-6889
(Call for location and times)
- Nutrition and breastfeeding counseling
- Food coupons, including milk, eggs, cheese, and beans
- Farmer’s Market vouchers
- Serves pregnant or breastfeeding women and women with infants to 6 months of age
- Serves children up to 5 years old

CAL-Fresh (Food Stamps Program) ...................... 1-877-410-8817
(Call for location and times)
- For low-income families or their children who meet eligibility requirements

All numbers require 1 + 415 area code unless otherwise indicated.
HEALTH RESOURCES

Marin Health & Wellness Campus ............................... 473-4300
3240 Kerner Blvd., San Rafael
General Hours M-F 8am-12pm & 1-4:30pm
(www.marinhhs.org)

Marin Community Clinics (see page 17) ..................... 448-1500
- Maternity Services

Other Marin County Department of Health and Human Services
Public Health Nursing ...................................................... 499-6888
California Children Services (see page 4) ......................... 499-6877

MarinHealth
Information ........................................................................ 24 Hour emergency line ..................................................... 1-888-996-9644
925-7000
250 Bon Air, Greenbrae
- Full service, nonprofit community hospital
- Surgery, physical therapy
- Medi-Cal, Medicare, CMS, Healthy Families, private insurance

Marin City Health and Wellness Center ....................... 339-8813
630 Drake Ave., Marin City M-F 9am-5pm (closed for lunch)
Walk-ins welcome
- Women's and children's services, family practice, wellness checks
- Cancer screening, HIV counseling

Marin County Dental Services .................................. 448-1500
(Marin Community Clinics) (see page 17)
(Call for days and hours)
- Low cost dental care for the whole family
- Accepts Medi-Cal, CMS, CHDP, Delta Dental
- Spanish and Vietnamese spoken

Fourth Street Dental Clinic 411 4th St, Suite A, San Rafael
San Rafael Dental Clinic 3110 Kerner Blvd, San Rafael
Novato Dental Clinic 6090 Redwood Blvd, Novato

Child Health and Disability Prevention Program (CHDP) ........................................ 473-7397
3240 Kerner Blvd., San Rafael M-F 8am-5pm
- Provides assistance in finding a doctor or clinic that offers free health screenings, check-ups and immunizations

All numbers require 1 • 415 area code unless otherwise indicated.
Marin Community Clinics.................................................448-1500
(Call for location and times) (www.marinclinic.org)
• Low cost general medical care – no new adults
• Health Care for Adults
• Health Care for Children
• Pediatric Urgent Care Clinic after 5 pm.........................1-866-203-2651

Ritter Center Health Center (see page 1)...............457-8182
16 Ritter St., San Rafael M-F 8am-12:30pm & 1:30-4:30pm
• Free health care, vaccinations for all Marin county residents
• Tuberculosis screenings – must be able to return within 48 hrs

Pt. Reyes Medical Clinic ............................................ 663-8666
3 6th St., Pt. Reyes, M-Sat. 9am-5pm (call for appointment) closed 1-2
• Low cost general medical care
• Health care services for adults and children
• Preventive and Obstetrical Care
• Podiatry, mental health, and nutrition services available

Other Resources
Marin County Dental Care Foundation (see page 12).....472-7974
The Spahr Center (see page 10).................................457-2487
WIC (see page 14).......................................................499-6889

Marin Housing Authority .............................................491-2525
4020 Civic Center Dr., San Rafael, M-F 8am-4:30pm (www.marinhousing.org)
• Information and referrals for individuals, families, and seniors
• Affordable housing, and Section 8 listings
• Information on emergency food and shelter
• Home buyer assistance center workshops
• Special programs for seniors, people with disabilities, and families

Ecumenical Association for Housing............................258-1800
22 Pelican Way, San Rafael M-F 9am-5pm (www.eahhousing.org)
• Affordable and permanent housing

Other Resources
Shelter Plus Care..........................................................491-2525
4020 Civic Center Drive, San Rafael M-F 10am-4:30pm
Marin Center for Independent Living (see page 1)........459-6245

All numbers require
1 + 415 area code unless otherwise indicated.
EMERGENCY SHELTER & TRANSITIONAL HOUSING

Homeward Bound of Marin
1385 N. Hamilton Parkway, Novato (www.hbofm.org)
Families with children (up to six months for up to 9 families).............382-3363
Adults or couples without children at Mill St........................................457-9651
- Transitional and emergency housing for adults and families
- Family Emergency and Resource Center
- For Intake Process contact Adopt A Family........................................456-7805
  English ext. 0, Spanish ext. 1

HOUSING DISPUTES

Fair Housing Advocates Northern California .......... 457-5025
314 Lincoln Ave Suite A, San Rafael (www.fairhousingnorcal.org)
- Spanish and Vietnamese-speaking help available
- Investigates and provides counseling services in cases of housing discrimination – also closure
- Community education program on issues of diversity and tolerance
- Tenant and Landlord trainings on Housing Laws

Consumer Protection Unit of the District Attorney’s Office (See page 22).............473-6450
3501 Civic Center Dr., Ste. 145, San Rafael M-F 8am-4pm
- Landlord and tenant advising
- Family violence
- Neighborhood issues
- Spanish-speaking help available
- Consumer Mediation.................................................................473-6188

IMMIGRATION

United Way of the Bay Area (see page 1)......................... 808-4300
24 hour help line (Linea de auyda 24 horas)................................. 211
350 Kearny St., Ste. 1000, San Francisco, M-F 9am-4:45pm
- Information about immigration law, welfare reform, and social services
- Referrals for immigration services (no in-person services)

United States Citizenship & Immigration Services (USCIS)
M-F 8am-8pm
English and Spanish ........................................................................1-800-375-5283
Forms Request Line ........................................................................1-800-870-3676

Other Immigration Resources
Canal Alliance (see page 1).................................................................454-2640
La Raza Centro Legal (San Francisco)............................................575-3500

All numbers require 1 + 415 area code unless otherwise indicated.
LEGAL SERVICES

Legal Aid of Marin .................................................. 492-0230
1401 Los Gamos Dr. #101, San Rafael (www.legalaidmarin.org)
M-Th 9am-12:30pm, 1:30-5pm
• Free legal services for low-income Marin residents:
  eviction defense, employment law, small claims, benefits, and
  fines and fees (traffic infractions, Fastrak, and parking tickets).

Marin County Child Support Services ...............1-866-901-3212
88 Rowland Blvd, Suite 200 Novato. M-F 8:30am-4pm call for appointment
Appointment hours T-Th 8:30am-3:30pm
• Free assistance in all matters of child support and paternity
• Establishes paternity, enforces and obtains child support
  and medical insurance orders
• Collection and distribution of child support payments

Family and Children Law Center ......................... 492-9230
1401 Los Gamos Dr. STE 200, San Rafael
M-F 9am-12pm & 1-5 Fridays by App. Only
• Family law only: divorce, custody, paternity, child support,
  stepchild adoption, visitation, guardianship, domestic violence
  and restraining orders
• Sliding fee scale for Marin County cases

California Victim/Witness Assistance Program ............... 473-5080
3501 Civic Center Dr., Room 130, San Rafael M-F 8am-12pm & 1-4pm
• Drop in or by appointment
• Compensation and support for victims
• Wage loss compensation and counseling through the state
• Assists with relocation, home security and funeral expenses

Marin Law Center – Gregory R. Brockbank .......... 306-8064
1000 4th St. Ste. 875, San Rafael M-F 9am-5pm (call for appointment)
• Legal and paralegal services at a reasonable cost

Whistlestop Legal Counseling ............................. 456-6700
930 Tamalpais Ave., San Rafael. Thursdays by appointment only
• Free legal support groups for seniors- once a week – pre-registered

Marin County Courthouse
3501 Civic Center Dr., San Rafael
(www.marincourt.org)

Consumer Protection Unit of the District Attorney’s Office
(See page 19) .................................................. 473-6495
Room 145 M-F 8am-4pm
• Consumer/business, tenant/landlord, family, divorce (property only)
• Free advice by telephone
• Mediation services free
• Spanish-speaking counselors available .................. 499-6188

Small Claims Court Advice ............................ 444-7040
M-W-F 9am-12pm / T-Thu 9am-12pm, 1-3pm

Legal Self Help Center of Marin ...................... 444-7130
3501 Civic Center Dr., Rm C-27, San Rafael (www.marincourt.org)
M-W-F 9am-12pm / T-Thu 9am-12pm, 1-3pm

Primary Areas of Legal Assistance
• Child Custody & Visitation
• Child Support
• Small Claims
• Divorce/ Dissolutions
• Domestic Violence
• Guardianship
• Harassment Restraining Orders
• Landlord/Tenant
• Mediation
• Name Changes
• Paternity

All numbers require 1 + 415 area code unless otherwise indicated.
RECREATION

Bay Area Discovery Museum ........................................... 339-3900
557 McReynolds Rd., Fort Baker 9–5pm daily (www.baykidsmuseum.org)
(at foot of Golden Gate Bridge)

• This indoor/outdoor complex of historic fort buildings is a hands-on, interactive center where families with children ages 1-10 can explore, play and learn together.
• Free admission on the first Wednesday of the month

Wild Care ............................................................................. 456-7283
76 Albert Park Ln. at B St. San Rafael 9–5pm daily (www.discoverwildcare.org)

• This facility serves as a hospital for injured, ill or orphaned native and migratory wildlife. Visitors can view several different animals on the grounds. There is also a small museum with wildlife and hands-on activities for children.
• Free admission

China Camp State Park and Beach .................................. 488-5161
100 China Camp Village Rd., San Rafael (www.friendsofchinacamp.org)

• Free admission ($5 parking), picnic areas, and camping
• Walk-in or reserve at Reserve America

Angel Island State Park ................................................. 435-1915
San Francisco Bay (accessible only by boat or ferry) (www.angelisland.com)

• Free admission, call to reserve picnicking area for small or large group (Reserve America)
• Admission fee included in ferry fee
• Own boat- $15 per day, $30 per night for boat docking

Just Playgrounds .............................................................. justplaygrounds.com
Online listing and reviews of all playgrounds located in Marin

Farmers Markets (April to September)

Downtown San Rafael ................................................................ 717-8077
Thursdays 6-8pm. during season

Novato .................................................................................. 999-5635
Tuesdays 4-8pm during season

Civic Center .......................................................................... 472-6100
Thursdays & Sundays 8-1pm all year round

Fairfax .................................................................................. 999-5635
Wednesdays 4-8pm during season

Stinson Beach
Situated along Highway 1

Muir Woods Visitor Center ............................................... 561-4700

• Picnic areas
• Free to children 15 years and under
• Adults pay $10
• All national parks waive the entrance fee 4 days/year
Call for more information
• Reservations are now required for all personal vehicles and shuttle riders.

Places to visit in San Francisco

San Francisco Zoo ......................................................... 753-7080
Open daily 10am-5pm
Free admission first Wednesday of each month for San Francisco residents with ID

California Academy of Science ................................... 379-8000
Open M-Sat 9:30am-5pm Sun 11am-5pm

All numbers require 1 + 415 area code unless otherwise indicated.
TREATMENT PROGRAMS FOR DRUG AND ALCOHOL ABUSE

Marin County DUI Program ........................................... 453-9980
103 Shoreline Pky., Ste. 201, San Rafael M-Th 10am-7pm, F 10am-3pm
• School for persons cited for driving under the influence
• Call for class schedule – Help in Spanish is available

Bay Area Community Resources ......................... 444-5580
171 Carlos Dr., San Rafael M-F 9am-5pm (www.bacr.org)
• Alcohol and drug rehabilitation and referral service
• Refer to detox, provide interim and short-term counseling

Marin Community Resources
• Provides counseling in schools
• Education program (Youth Substance Abuse Program)
• Perinatal program

New Perspectives
• Residential or out-patient care
• Sliding scale for Marin County residents
• Drug and alcohol recovery program
• Counseling, support, and follow-up care
• Adult co-ed, perinatal residential

Center Point Inc. ................................................................. 456-6655
207 1st St., San Rafael (www.cpinc.org)
• 12 step program to quit drinking
• Call for meeting times and Marin County locations

Alcoholics Anonymous (AA) 24 hours ...................... 499-0400
Spanish ........................................................................ 824-1834
1360 Lincoln Ave., San Rafael (hours vary) (www.aasf.org)
• 1 + 415 area code unless otherwise indicated.

Marin Al-Anon/Ala-Teen .............................................. 455-4723
• Support for family and friends of alcoholics or addicts
• Call for meeting times and locations
• Ala-Teen Program (support groups for teenagers)

Other Resources
Huckleberry Youth Programs (24 hr line) .............................................. 621-2929
Marin Treatment Center, Inc .............................................. 457-3755
Marin Center for Independent Living (see page 1) .............................................. 459-6245
Family Services Agency of Marin (see page 9) .............................................. 456-3853

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YOUTH SERVICES

Big Brothers Big Sisters of the Bay Area....................503-4050
65 Battery St., San Francisco M-F 9am-5pm (www.bbbnorthbay.org)
  • Mentoring program for children 6-15
  • Spanish Ext. 227

Marin YMCA........................................................................492-9622
1500 Los Gamos Dr., San Rafael (www.ymcasf.org/marin)
M-F 5:30-10pm Sat 7am-8pm Sun 7am-7pm
  • Mentoring program for girls and boys ages 6-18
  • Summer Camp programs, recreational sports, scholarships available

Canal Alliance (See page 1)............................................454-2640
91 Larkspur St., San Rafael M-F 9am-5pm (www.canalalliance.org)
  • Youth and parent support groups
  • Youth Development Program, After school study program for youth
  • Computer and ESL classes – for youth and adults
  • Community Advocate; Immigration

Pickleweed Children’s Center.....................................485-3101
40 Canal St., San Rafael
  • For children 3-5
  • State preschool classes for children age 4-5

10,000 Degrees.................................................................459-4240
  • Grants to assist with college (see page 6)

College of Marin (Childcare)..................................457-8811
(see page 5)
835 College Avenue, Kentfield, 94904.................................................ext. 7468
1800 Ignacio Blvd, Novato 94949 (Indian Valley).................................ext. 8170

North Marin Community Services............................892-1643
680 Wilson Ave., Novato M-F 7am-6pm (www.novatoyouthcenter.org)
  • Winter indoor soccer league
  • Therapy counseling
  • Childcare for children infants up to age 14
  • Basketball co-ed
  • Parenting Classes – held twice a year in English and Spanish
    For parents of children who are in Middle School
  • Parenting Classes called "Loving Solutions" for parents of children
    five to ten years of age

Other Resources

Huckleberry Youth Programs........................................258-4944
Women Helping All People (see page 2).................................332-1703
Canal-Alliance (see page 1)............................................454-2640

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TRANSPORTATION

Golden Gate Transit Bus and Ferry Services ........................................ 511 .... or ..... 455-2000
Bus Terminal at Heatherton between entre 2nd & 3rd Sts. San Rafael
Customer Service Office M-F 7-6pm (www.goldengate.org)
  • $2.00 local fare one way within Marin County
  • Student ticket books available for youths age 6 to 18
  • 50% fare discount for seniors (65 and older) and persons
    with disabilities
  • Call for a ferry and bus map and guide, or visit the Web site
  • Value Card, 7 days $10 – 31 days $40

Department of Motor Vehicles (DMV) .................. 1-800-777-0133
75 Tamal Vista Blvd., Corte Madera M,T,Th 8am-5pm W 9am-5pm
936 7th St., Novato M,T,Th 8am-5pm W 9am-5pm
  • Drop in or call for an appointment
  • California driver’s license
  • California state identification card
  • Vehicle registration and related services

Other Services
Whistlestop Wheels (rides for the disabled) ........................................ 454-0964
Marin Airporter .................................................................................. 461-4222
Marin Door to Door (airport shuttle service) ........................................ 457-2717
Trips For Kids (bike thrift shop and related services) ....................... 458-2986

UTILITIES

Telephone: AT&T
  • Residential – English ................................................................. 1-855-302-1618
  • Residential – Spanish ............................................................... press 9
  • Business .................................................................................. press 4

Pacific Gas and Electric (PG&E)
  • English ................................................................................... 1-800-743-5000
  • Spanish .................................................................................. 1-800-660-6789

Marin Municipal Water District ........................................ 945-1455
Marin Sanitary Services (garbage) ............................................. 456-2601
Marin Recycling (curbside pickup, hazardous wastes) .............. 453-1404

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Crisis Lines

Emergencies (Police, Fire, Medical).................................911
AIDS/HIV.......................................................................1-800-367-2437
Alcoholics Anonymous..................................................499-0400
Animal Bites (rabies control)
Marin Humane Society...................................................883-4621
Child and Family Services ...........................................473-7153
Fire (non-emergency).....................................................473-6717
Grief Counseling (24 hours).........................................499-1195
Marin Abused Women....................................................924-6616
Marin Abused Men........................................................924-1070
Mental Health Crisis......................................................499-1100
Poison Control Center..................................................1-800-222-1222
Police (non-emergency)..................................................485-3000
Community Violence Solutions.................................259-2850
Suicide Prevention (24 hours)....................................1-855-587-6373
Parental Stress..............................................................454-8596
(Catholic Charities Community Services)

Services for All
To Help You Thrive

Free & Affordable High-Quality
Early Learning and Child Care
□ Head Start and Child Development Programs
for Children Ages 0–5 and School-Age

Support to Thrive
□ Career Counseling
□ Financial Coaching
□ Credit Coaching
□ Volunteer Income Tax Assistance (VITA)
□ Medicare Counseling
□ Housing Navigation

Help in a Crisis
□ Emergency Food
□ Energy Assistance
□ Help Covering One-Time Emergencies
□ Guidance on Applying for CalFresh and Other Public Benefits

Peer Mental Health
□ Warm Line
□ Support Groups
□ Drop-in-Classes
□ 1:1 Peer Support

(415) 526-7500
info@camarin.org
camarin.org

All numbers require 1 + 415 area code unless otherwise indicated.
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Community Action Marin is not responsible for the accuracy of the content provided to us.
(Updated 05/20)