



COMM
UNITY
ACTION
MARIN

FAMILY RESOURCE GUIDE

for Marin County 2024

All of us in Marin
have an equal
opportunity to live
our lives with dignity
and respect.

Help promote equity and
alleviate poverty in Marin
by joining our community.
camarin.org/get-involved

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STRENGTHENING CONNECTIONS IN COMMUNITY

DEAR COMMUNITY,

I'm proud to share this 2024 Family Resource Guide, a comprehensive list of resources to help support the needs of individuals and families in Marin County. This year, we've made using our guide even easier!

Compiled to play a vital role in connecting people with services, this guide supports our goal to help Marin residents thrive. Like you, and along with our partners, we want to build a stronger safety net of support and to strengthen access to what people need no matter where they are.

At Community Action Marin, we make it possible for people to achieve well-being by providing the vital services they need. Together, we break down the barriers that get in the way of fair and lasting change in service to better outcomes for all. Our work starts with listening to community needs, meeting people where they are, and providing a hand up to help individuals and families meet their goals.

This year, we have expanded our services to provide support and assistance to unhoused Transitional Age Youth. Through our Benefits Enrollment Center, we will also help older adults (age 50+) and those with disabilities apply for select public benefits for which they are eligible.

We know that we thrive in connection and are stronger together. Please share this resource (also available online at camarin.org/resource-guide-download) in community. We're stronger together, helping people and changing lives.



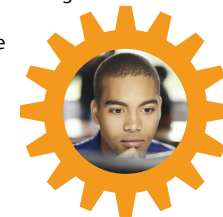
CHANDRA ALEXANDRE
Chief Executive Officer

P.S. Remember, you will now see listings by section, and we've added an index at the end of guide so you can look up each organization by name! Thank you for your help and support.

Services that Move People from Crisis to Thriving

Economic Justice & Community Services

Income Tax Assistance & Financial Coaching
Workforce Development
Public Benefits & Utilities Assistance
Emergency Family Needs



Children & Families

Early Childhood Education
Home Visiting Program
Learning Gardens



Housing Justice

Homeless Outreach
Housing Based Case Management
Transitional Age Youth



Food & Climate Justice

Central Kitchen
Child & Adult Healthy Meals
Production Farm & Permaculture



Community Action Marin 415.526.7500

555 Northgate Drive, #201, San Rafael

✉ info@camarin.org 🌐 camarin.org/getservices

COMMUNITY ACTION MARIN





North Marin Community Services

**Wilson Avenue Center
(Main Office)**

415.892.1643

680 Wilson Ave., Novato
Mon–Fri 8am–5pm

Novato Boulevard Center

415.897.4147

1907 Novato Blvd., Novato
Mon–Thurs 9:30–11:30am & 1–4pm

✉ info@northmarinccs.org

🌐 northmarinccs.org

- Employment resources & job referrals
- Emergency food & financial assistance
- Latino outreach & general services
- Childcare resources
- Case management & housing supports

United Way Bay Area

**800.273.6222
or dial 211**

Help Line Mon–Sun/24 hours/
Linea de ayuda 24 horas
(Multiple Languages Available)

550 Kearny St., #510,

San Francisco

✉ 211@uwba.org

🌐 211bayarea.org

- The 2-1-1 Bay Area Program is a comprehensive source of information & referral service that connects callers with local resources & services. The program supports all housing resources, mental health services, health, food, employment & training, legal services, utilities, & immigration
- Free Tax Program: for information go to uwba.org/freetaxhelp

Ritter Center

415.457.8182

16 Ritter St., San Rafael

Mon–Fri 8:30am–5pm

🌐 rittercenter.org

- Services focus on extremely low-income families, individuals, & people experiencing homelessness. Services provided regardless of ability to pay
- Referrals to shelters & other services
- Emergency clothing for people who are homeless when available
- Laundry facilities for clients
- Showers provided by “We Hope” directly in front of Ritter Center on Mondays
- Medical providers available for urgent, preventive care, & on-going medical care
- Psychotherapists available for therapy & psychiatric medication
- Permanent housing support services for people experiencing long-term homelessness
- Rental assistance for extremely low-income families, individuals, & people experiencing recent & short-term homelessness
- Food Pantry provides free bags of groceries
- Free access to Post Office mailboxes for people who are homeless & working with a case manager
- Mobile Street Health & Wellness Team provides medical services, therapy, harm reduction support/supplies, & housing navigation at locations throughout Marin County (in partnership with Community Action Marin)

Canal Alliance

415.454.2640

91 Larkspur St., San Rafael

Walk-In & Office Hours:

Mon–Fri 8am–6pm

✉ contact@canalalliance.org

🌐 canalalliance.org

- Support services for Canal neighborhood residents
- Immigration legal services
- Food Pantry
- Housing & rental assistance
- Behavioral health services
- Healthcare & legal referrals
- Job search & unemployment insurance assistance
- Youth education for middle school, high school, & college students
- Adult English & citizenship classes
- Workforce training in construction, banking, nursing, & transit operation
- Small business workshops & support
- Leadership development & community engagement

All numbers require a “1” before dialing.

Multicultural Center of Marin 415.526.2486

709 5th Ave., San Rafael
🌐 multiculturalmarin.org

- Services & resources for Marin County residents
- Self-empowerment programs
- Youth programs
- Arts & culture programs
- Environmental advocacy
- Food Pantry

St. Vincent de Paul Society of Marin 415.454.3303

820 B St. (btwn. 2nd & 3rd), San Rafael
Mon–Fri 9am–3pm
🌐 vinnies.org

- Provides compassionate care & critical services to residents of Marin County who are struggling to make ends meet but are not receiving the help they need
- Free Dining Room
- Rapid Rehousing provides short-term rental assistance & services with a focus on individuals who are currently housed 415.454.3303 x11
- Homelessness Prevention: In partnership with chapters of Catholic parishes throughout the community
- Help Desk: Wed 1:30–3:30pm; helping unhoused individuals with shelter references, legal, car help, Marin County Community Court, & expungements

Marin Center for Independent Living (Marin CIL) 415.459.6245

710 Fourth St., San Rafael
Mon–Fri 9am–4pm
✉ info@marincil.org
🌐 marincil.org/services

Assists community members to manage & navigate the following resources:

BENEFITS

- CalFresh/SNAP, various food programs, & local food banks
- Medi-Cal, Medicare, Covered California, & private insurance
- SSI, SSDI, & IHSS
- Marin Access

RESOURCES

- Assistive technology
- Financial assistance

YOUTH & FAMILY SUPPORTS

- Parents helpline 800.578.2592
- IEP, 504 plans, & support groups

HOUSING PRESERVATION

- Section 8
- Rental assistance programs
- Housing waitlists
- Home modifications

Vivalon 415.456.9062

999 Third St., San Rafael
Walk-In Hours:
Mon 9am–3pm &
Tues–Fri 9am–5pm
Office Hours: Mon–Fri 9am–5pm
✉ info@vivalon.org
🌐 vivalon.org

- Community resource referrals, programs, & services for older adults & individuals with disabilities
- Rides to grocery stores, medical appointments, & other specialized transportation
- Home-delivered meals & Food Pantry
- Healthy aging classes & activities
- Technology training & devices

Bay Area Community Resources 415.444.5580

171 Carlos Dr., San Rafael
Walk-In Hours: Appointment Only
Office Hours: Mon–Fri 9am–5pm
🌐 bacr.org

- North Bay school-based counseling & substance abuse services
- Alcohol/drug rehabilitation & referral service
- After school & expanded learning program
- Behavioral & mental health support

West Marin Community Services 415.663.8361

11431 Hwy. 1, #10, Pt. Reyes Station
Walk-In Hours:
Mon, Wed, & Fri 9am–1pm &
Tues & Thurs noon–4pm
Office Hours: Mon–Fri 9am–5pm
✉ info@westmarincos.org
🌐 westmarincommunityservices.org

- Referrals based on need
- Food Pantry
- Latino engagement & outreach
- Energy/heat assistance
- Small car & home repairs
- Medical costs
- Waterdogs: summer swim program for children ages 6 & up
- Holiday Program (gifts, food boxes, & Thanksgiving dinner)
- Vouchers for clothing & usable household items at West Marin Community Thrift

All numbers require a "1" before dialing.

////////////////////////////////// OTHER RESOURCES //////////////////////////////////////

Community Action Marin..... 415.526.7500



**College of Marin
Childcare Centers
415.457.8811 x7468**

Kentfield Campus
835 College Ave., Kentfield

Indian Valley Campus
1800 Ignacio Blvd., Novato
🌐 marin.edu

**WELCOME CENTER & STUDENT
AMBASSADOR SUPPORT
415.457.8811 x7860**

- ✉ welcome@marin.edu
- 🌐 ss.marin.edu/welcome
- ESL Office 415.485.9642
- Help for interested or new students getting into college
- English & Spanish

**Pickleweed
Children’s Center
415.485.3101**

40 Canal St., San Rafael
🌐 cityofsanrafael.org/recreation

State-funded, part-day preschool program that serves children from the Canal Area in San Rafael & adjacent communities.

- For preschool children ages 3–5
- Children do not have to be part of the San Rafael School District
- Contact the center for eligibility requirements & an application

**Community
Action Marin
415.526.7583**

555 Northgate Dr, #201, San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
Childcare Intake Services (ERSEA)
Walk-In Hours: Mon–Fri 9am–4pm
✉ enrollment@camarin.org
🌐 camarin.org/getservices

CHILDREN & FAMILY SERVICES

- High quality early learning: infant, toddler, preschool, & school-age programs
- Classrooms in nine locations: Marin City, Novato, San Rafael, & Pt. Reyes Station
- Family childcare homes & home visiting programs throughout Marin
- Free or low cost for expectant families & families with children ages 0–8 who qualify
- Programs are full day, part day, & full year
- Wraparound health, nutrition, & family services

**Marin Child Care
Council
415.472.1092**

555 Northgate Dr., #105, San Rafael
Mon–Thurs 8am–4pm
& Fri 8am–3pm

Contact: Maria Gutierrez
✉ maria@mc3.org
🌐 mc3.org

- Childcare subsidies (vouchers for eligible families). Apply online, via email, or in person
- Childcare resource & referral assistance finding care
- Workshops, training, & coaching for childcare providers
- CPR & Health & Safety classes/certifications. ✉ referrals@mc3.org for availability

//////////////////// **OTHER RESOURCES** //////////////////////

- North Marin Community Services.....415.892.1643**
- United Way Bay Area 800.273.6222 or dial 211**

All numbers require a "1" before dialing.

Marin County Office of Education: Special Education Services

415.472.1969

1111 Las Gallinas Ave., San Rafael
Walk-In & Office Hours:
Mon–Fri 8am–4pm

🌐 marinschools.org/page/1522

- Early Start program for infants & toddlers (ages 0–3) with hearing/vision loss, or orthopedic impairments. Contact: Tracy Totman, Early Start Coordinator 415.491.6631 or ✉ ttotman@marinschools.org
- Early Intervention program offers a variety of learning experiences for preschool-aged children ages 3–5 who require special education services geared to their special needs. Contact: Christina Fass, Program Manager 415.472.1969 or ✉ cfass@marinschools.org
- Go to marinschools.org/Page/1522 for other special needs programs

Golden Gate Regional Center
415.446.3000

4000 Civic Center Dr., #310,
San Rafael
Mon–Fri 8am–5pm
(Appointment Only)
🌐 ggrc.org

Provides services & supports infants, children, & individuals with developmental disabilities in Marin, San Francisco, & San Mateo Counties.

Help Me Grow Marin
415.720.1283

1050 Northgate Dr., #130,
San Rafael
Walk-In Hours: Mon–Fri 9am–4pm
Office Hours: Mon–Fri 9am–5pm
✉ info@helpmegrowmarin.org
🌐 helpmegrowmarin.org

- Free information & resources for families & providers. Behavioral health & developmental screenings. Referrals to community-based services
- Offers training & support to healthcare & community-based organizations working with young children & case coordination as needed
- Serves all families with children, prenatal through adolescence, in Marin County
- Bilingual English & Spanish staff

College of Marin

Kentfield Campus
415.457.8811
835 College Ave., Kentfield

Indian Valley Campus
415.883.2211
1800 Ignacio Blvd., Novato
🌐 marin.edu

WELCOME CENTER & STUDENT AMBASSADOR SUPPORT
415.457.8811 x7860

- ✉ welcome@marin.edu
🌐 ss.marin.edu/welcome
- Credit classes to earn associate degree or transferable credits to a 4-year college
 - Free EOPS study program
 - Free ESL classes, non-credit
 - English classes, credit
 - Community Education non-credit classes for personal enjoyment
 - Counseling for students enrolling in credit classes
 - Free tutoring for academic classes
 - College Credit Program (concurrent enrollment for high school students)

10,000 Degrees
415.459.4240

1401 Los Gamos Dr., #205,
San Rafael
✉ info@10000degrees.org
🌐 10000degrees.org

- Unlocking student success at scale in eight Bay Area counties
- Supports 16,000 students & families from low-income backgrounds annually
- Wraparound support to & through college with college pathways preparation, college success advising, & scholarships & financial aid advising
- Dedicated community college support
- Near-peer, mostly alumni mentors, meet students where they are on high school & college campuses
- Assists students beyond college with career & alumni success programs

//////////////////// **OTHER RESOURCES** //////////////////////

Community Institute for Psychotherapy **415.459.5999**
Marin Community Clinics **415.448.1500**
Matrix Parent Network & Resource Center **415.884.3535**

All numbers require a "1" before dialing.

ENGLISH AS A SECOND LANGUAGE

Canal Alliance **Karla 415.306.0471 or Kate 415.306.0474**
🌐 canalalliance.org/services/learn-english
West Marin Literacy Program **415.663.1849**
🌐 marinlibrary.org/west-marin-literacy-services
Vivalon Senior Center **415.456.9062**
🌐 vivalon.org/calendar/category/language
College of Marin ESL Office **415.485.9642**

**Marin County
Office of Education:
Special Education
Services**

415.472.4110 (press 3)

1111 Las Gallinas Ave., San Rafael
Mon–Fri 8am–4pm

🌐 marinschools.org/page/1522

- Operates 35 Special Day Classes (SDC) on 20 different school sites throughout Marin County for students with mild to moderate support needs, extensive support needs, & low incidence disabilities
- Provides services to students in their home school setting with low incidence disabilities; including hearing loss &/or vision impairments ages 3–22
- Provides early intervention programs for infants & toddlers ages 0–3 & preschool aged children ages 3–5 with special needs
- Self-contained classes with specialized academic instruction for children & students with extensive support needs & autism ages 3–22
- Therapeutic treatment programs for students with social-emotional & behavioral needs (grades kindergarten to 12)

**Community
Action Marin
415.526.7583**

555 Northgate Dr, #201, San Rafael

Walk-In Hours:

Tues–Thurs 9:30am–4:30pm

Office Hours: Mon–Fri 9am–5pm

Childcare Intake Services (ERSEA)

Walk-In Hours: Mon–Fri 9am–4pm

✉ enrollment@camarin.org

🌐 camarin.org/getservices

CHILDREN & FAMILY SERVICES

- High quality early learning: infant, toddler, preschool, & school-age programs
- Classrooms in nine locations: Marin City, Novato, San Rafael, & Pt. Reyes Station
- Family childcare homes & home visiting programs throughout Marin
- Free or low cost for expectant families & families with children ages 0–8 who qualify
- Programs are full day, part day, & full year
- Wraparound health, nutrition, & family services

//////////////////// **OTHER RESOURCES** //////////////////////

Canal Alliance **415.454.2640**

North Marin Community Services..... **415.892.1643**

(Positive Parenting Counseling (Triple P); budgeting & financial coaching (Your Money, Your Goals); information about immigrant rights/public charge)

Huckleberry Youth Programs..... **415.258.4944**

Bay Area Community Resources **415.444.5580**

Bay Area Discovery Museum **415.339.3900**

PUBLIC LIBRARIES

Belvedere-Tiburon Library 1501 Tiburon Blvd., Tiburon.....	415.789.2665
Bolinas Library 14 Wharf Rd.....	415.868.1171
Bookmobile	415.499.7544
Civic Center Library 3501 Civic Center Dr., #427, San Rafael	415.473.6057
Ann T. Kent California Room	415.473.7419
(Marin local history & information about Frank Lloyd Wright. Appointments recommended)	
Corte Madera Library 707 Meadowsweet Dr.	415.924.3515
Fairfax Library 2097 Sir Francis Drake Blvd.	415.453.8151
Inverness Library 15 Park Ave	415.669.1288
Larkspur Library 400 Magnolia Ave.	415.927.5005
Library Beyond Walls 3501 Civic Center Dr., #414, San Rafael	415.473.4264
(Free delivery of library materials by mail for homebound Marin residents)	
Marin City Library 164 Donahue St.....	415.332.6158
Marin County Law Library 20 North San Pedro Rd., #2007, San Rafael	415.472.3733
Marin Public Library for Kids	🌐 marinlibrary.org/kids
Marin Public Library for Teens	🌐 marinlibrary.org/teens
Mill Valley Library 375 Throckmorton Ave.....	415.389.4292
Novato Library 1720 Novato Blvd.	415.473.2050
Novato South Library 931 C St.	415.506.3165
Pt. Reyes Station Library 11431 Hwy. 1.....	415.663.8375
San Anselmo Library 110 Tunstead Ave.	415.258.4656
San Rafael Downtown Library 1100 E St. (at 5th Ave.)...	415.485.3323
San Rafael Northgate Library 5800 Northgate Dr., #083.....	415.890.5670
San Rafael Pickleweed Library 50 Canal St.....	415.485.3483
Sausalito Library 420 Litho St. (City Hall Bldg.).....	415.289.4121
Stinson Beach Library 3521 Shoreline Hwy.....	415.868.0252

All numbers require a "1" before dialing.

Homeward Bound of Marin

415.382.3363

1385 N. Hamilton Pkwy., Novato

✉ info@hbofm.org

🌐 hbofm.org

- Primary provider of homeless shelters & services in Marin County
- Provides emergency shelter for adults, families, & veterans
- Transitional to long-term supportive housing



////////////////////// OTHER RESOURCES ////////////////////////

Marin Housing Authority **415.491.2525**

Center for Domestic Peace **415.924.6616**

Huckleberry Youth Programs **415.621.2929**

(Crisis Hotline Mon–Sun/24 hours San Francisco Based Center/
No Marin Shelter)

Gilead House **415.895.5575**

St. Vincent de Paul Society of Marin **415.454.3303**



All numbers require a "1" before dialing.

Employment Development Department (EDD)

800.300.5616

(English & Spanish)

🌐 edd.ca.gov

- No EDD office in Marin County. Call or go to website for office closest to you
- Administers Unemployment & Disability Insurance & Paid Family Leave programs
- Connects job seekers with employers
- Administers federally funded workforce development programs
- Most services available online. Go to website for information

CareerPoint Marin

415.966.0860

1800 Ignacio Blvd., Building 27, 2nd floor (by Parking Lot 1), Novato

Mon–Fri 8am–noon & 1–5pm

✉ connect@careerpointnorthbay.org

northbay.org

🌐 workforcealliancencareerpointnorthbay.org

- Serving Marin County job seekers & employers
- One-on-one career guidance & counseling services
- Resume assistance
- Interview preparation
- Job search & placement assistance
- Financial assistance for vocational training
- Referrals to community partners & resources
- Services available in English & Spanish

Marin County Office of Education: College & Career Readiness Department

415.472.4110

1111 Las Gallinas Ave., San Rafael
Contact: Jesse Madsen, Director of College & Career Readiness (CCR) Department, 415.491.6638

✉ jmadsen@marinschools.org

🌐 marinschools.org/page/307

Free vocational training for high school students in:

- Automotive Technology
- Car Appreciation & Preservation Program (CAPP)
- Construction Technology
- Digital Audio
- Educational Pathways
- Intro to Building & Construction Trades at the Marin CTE Center
- Medical Assisting

Conservation Corps North Bay

415.454.4554

27 Larkspur St., San Rafael

11 Pimentel Ct., Novato

Mon–Fri 8:30am–5pm

🌐 ccnorthbay.org

- Land conservation work
- Firefighting Program
- Recycling Program
- Paid on the job training for ages 18–25
- Offers GED & ESL

YWCA Golden Gate Silicon Valley (Marin)

415.479.9922
 1557 Fourth St. (Bloom Marin), San Rafael
 Virtual Hours Only:
 Mon-Fri 9am-4pm
 ✉ employability@yourywca.org
 🌐 yourywca.org

- Employment/job search support programs for 18+ adults of all genders
- Committed to providing free work programs to support participants returning to the job market with the confidence, skills, guidance, & support needed to be successful
- Tech Success Trainings: Trainings on key technology required for most jobs, designed to make it easier & build confidence
- Entrepreneurship 8-week Course: Supports participants starting their own business

Homeward Bound of Marin: Fresh Starts Culinary Academy

415.382.3363
 1385 N. Hamilton Pkwy., Novato
 🌐 hbofm.org/about-homeward-bound-of-marin/fresh-starts-culinary-academy

Fresh Starts Culinary Academy is Homeward Bound's flagship job training program, serving low-income students from the community & Homeward Bound residents.

Community Action Marin
415.526.7500

555 Northgate Dr, #201, San Rafael
 Walk-In Hours:
 Tues-Thurs 9:30am-4:30pm
 Office Hours: Mon-Fri 9am-5pm
 ✉ info@camarin.org
 🌐 camarin.org/getservices

ECONOMIC JUSTICE

- Career coaches help people with job change, training, resumes & cover letters, interviewing, professional clothing, job searches, & job applications
- Via a partnership with Marin Small Business Development Center, future & current small business owners get free business advising
- Training programs in a career of choice. Current programs include Peer Support Specialist Training; ✉ training@camarin.org & Associate Teacher Apprenticeship: ✉ ececareer@camarin.org or call 415.526.7503

Vivalon
415.456.9062

999 Third St., San Rafael
 Walk-In Hours: Mon 9am-3pm & Tues-Fri 9am-5pm
 Office Hours: Mon-Fri 9am-5pm
 ✉ info@vivalon.org
 🌐 vivalon.org

- Healthy aging classes & activities for older adults & individuals with disabilities
- Falls prevention programs
- Technology training & devices
- Estate planning programs

Marin County CalWORKS Employment Services

415.473.3350
 120 North Redwood Dr., San Rafael
 Walk-In & Office Hours:
 Mon-Fri 8am-noon & 1-4:30pm
 🌐 marinhhs.org/calworks-employment-services

- Marin County HHS administers the California Work Opportunity & Responsibility for Kids (CalWORKs) Welfare to Work Program
- Once an individual or family becomes eligible to receive CalWORKs benefits, they can receive employment services
- Supports families through linkage with community-based services, such as childcare, housing, utilities, clothing, medical/dental care, & other supportive services, to aid them in locating employment or education

Marin County CalFresh Employment & Training (CFET) Program

877.410.8817
 120 North Redwood Dr., San Rafael
 Walk-In & Office Hours:
 Mon-Fri 8am-noon & 1-4:30pm
 🌐 marinhhs.org/calfresh-employment-training-cfet-program

- A free & voluntary program that helps people on CalFresh gain skills, tools, basic education, training, & work experience
- Helps participants gain marketable job skills giving them access to better jobs & higher wages
- Marin County HHS provides CFET to Non-Assistance CalFresh recipients
- You may receive CFET services if you are receiving federal CalFresh/SNAP

//////////////////// **OTHER RESOURCES** //////////////////////

Canal Alliance	415.454.2640
North Marin Community Services	415.892.1643
(Job search support & referrals to jobs programs)	
Buckelew Programs	415.457.6964
Integrated Community Services	415.455.8481
United Way Bay Area	800.273.6222 or dial 211
Trips for Kids Bay Area	415.458.2986

All numbers require a "1" before dialing.



Center for Domestic Peace
415.924.6616

Mon–Sun/24 hours/Linea directa las 24 horas (English & Spanish)
734 A St., San Rafael
Mon–Fri 9am–5pm
✉ administrator@c4dp.org
🌐 centerfordomesticpeace.org

- Appointments, intakes, or emergency shelter call 415.924.6616
- ManKind Program 415.457.6760
- Marin Youth Services (text line Mon–Fri 9am–5pm) 415.526.2557
- Services for survivors of domestic violence
- Support for women dealing with domestic violence
- Short & long-term shelters for women & children victims of domestic violence
- Re-education classes for batterers
- Transitional housing

Integrated Community Services (ICS)
415.455.8481

523 4th St., #100, San Rafael
Mon–Fri 9am–5pm
✉ ics@connectics.org
🌐 connectics.org

Forges partnerships between individuals with disabilities & our community to create a diverse & inclusive place for all.

- Employment: Resume development, job searching, interviewing, & job coaching
- Job Training: Skill building at different work sites throughout Marin
- Living Skills: Housing support plus social, domestic, financial, transportation, & skill building
- Mental Health: Partnership with individuals enrolled in Marin County Behavioral Health & Recovery Services

Community Action Marin
415.526.7500

555 Northgate Dr, #201, San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
Childcare Intake Services (ERSEA)
Walk-In Hours: Mon–Fri 9am–4pm
✉ info@camarin.org
🌐 camarin.org/getservices

WHOLE FAMILY APPROACH

- Helps ensure improved outcomes at the individual, agency, & community levels
- Education & childcare, safety net services, financial & credit coaching, job training, food assistance, tax help, & more help families meet basic needs & achieve well-being

BENEFITS ENROLLMENT CENTER

415.526.7500
555 Northgate Dr, #201, San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
✉ publicbenefits@camarin.org

- Provides CalFresh, Medi-Cal, & LIHEAP application assistance for low-income adults aged 50+ & those who are disabled

Bucklew Programs
415.457.6964

Suicide Prevention Hotline Crisis Call Center: Call 988
201 Alameda del Prado, #103, Novato
✉ info@bucklew.org
🌐 bucklew.org

- Parent, child, adolescent, & family counseling. Spanish spoken
- Low fee sliding scale
- Substance abuse & recovery issues
- Supportive housing
- Independent living
- Employment services

Gilead House
415.895.5575

Seventh Street Center (Main Campus & Office)
1024 7th St., Novato
Mon–Fri 9am–4pm
🌐 gileadhouse.org

- Offers hope to women & children in need, providing transitional housing, education, & therapeutic support that leads to independence & a future filled with purpose
- Women & children are provided a stable, positive place to live with their own bed & a steady routine to transform their lives

All numbers require a “1” before dialing.

Family Works

415.492.0720

365 Bel Marin Keys Blvd., #100
Novato

✉ info@familyworks.org

🌐 familyworks.org

Provides skills & support services to adults with disabilities.

- Independent Living Skills (ILS) motivate individuals to enhance their social skills & their interactions with their families, work environment, & community resources at large
 - Employment readiness
 - Development of social support systems
 - Health promotion & exercise
 - Access to community resources
- Parenting Support Services (PSS) enhance each parent's ability to promote their own & their children's cognitive, emotional, physical, & social development
 - Behavior management & positive discipline using the Positive Parent Program (Triple P)
 - Stress reduction
 - Family nutrition & exercise
 - Financial management & budgeting
 - Transportation skills

Postpartum Support Center (PPSC)

Peer Support Help Line:

415.320.6707

(English & Spanish)

Mon–Sun

✉ info@postpartumsc.org

🌐 postpartumsc.org

Helps new mothers navigate the perinatal period, reduce parental stress, & build effective support systems, particularly when confronted with considerable barriers to mental health treatment including long wait times & high costs. Services offered in English & Spanish.

- Mom-to-Mom Peer Counseling
- Postpartum Peer Support Groups
- Marin Diaper Bank: Mom & baby essentials for families in need
- ROSE (Reach Out, Stay Strong, Essentials) Program: For mothers of newborns taught in prenatal settings
- Education Classes: Birthing & breastfeeding
- Self-Screening Assessments: Online, anonymous self-screening tools for Postpartum Depression (PPD), Postpartum Anxiety (PPA), Obsessive-Compulsive Disorder (OCD), & Compassion Fatigue
- Contact PPSC for more information, multiple resources, & referrals

Matrix Parent Network & Resource Center

415.884.3535

2400 Las Gallinas Ave., #100,
San Rafael

Mon–Fri 9am–2pm

✉ info@matrixparents.org

🌐 matrixparents.org

- Helpline 800.578.2592 (English & Spanish)
Mon–Thurs 9am–2pm or
✉ helpline@matrixparents.org
- Assistance to families of children, ages 0–26 with special needs or disabilities
- Advocacy information & resources in English & Spanish
- Prevention resource referral service for at risk children ages 0–3
- Parent support groups in English & Spanish
- Parent workshops, trainings, & webinars on the website
- Youth support groups

California Children's Services

415.499.6877

3240 Kerner Blvd., San Rafael
Walk-In & Office Hours:

Mon–Fri 8am–4:30pm

✉ claudia.delarosa@marincounty.gov

🌐 marinhhs.org/california-childrens-services-ccs

- State public health program that provides diagnostic & treatment services, medical case management, & physical & occupational therapy services to children with eligible medical conditions
- Serves children ages 0–21

////////// OTHER RESOURCES //////////

Help Me Grow Marin	415.720.1283
ExtraFood	415.997.9830
Community Institute for Psychotherapy	415.459.5999
CalHOPE (Mon–Sun/24 hours)	833.317.4673
Golden Gate Regional Center	415.446.3000
North Marin Community Services	415.892.1643
(Public benefits enrollment support, linkage, & referrals to other organizations)	
Marin Community Clinics	415.448.1500
Child Therapy Institute	415.456.7724
Marin Center for Independent Living	415.459.6245

All numbers require a "1" before dialing.



Community Action Marin

415.526.7500

555 Northgate Dr., #201,
San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
✉ info@camarin.org
🌐 camarin.org/getservices

ECONOMIC JUSTICE

- Financial & credit coaching helps people manage finances, build savings, create spending plan, decrease debt, improve credit & credit scores, & more
- Free Volunteer Income Tax Assistance Program (VITA) offers free tax preparation & guides residents through matters such as reporting on public benefits & claiming the Child Tax Credit & Earned Income Tax Credit (EITC) so they can claim tax benefits for which they're eligible

SAFETY NET SERVICES

- Emergency Family Needs provides one-time assistance for durable medical equipment, or other essential needs
✉ efn@camarin.org

Marin County Employment & Training: General Relief Program

415.473.3450

120 North Redwood Dr., San Rafael
Walk-In & Office Hours:
Mon–Fri 8am–noon & 1–4:30pm
🌐 marinhhs.org/general-relief

- The General Relief Program is a state mandated program funded entirely by county general funds
- Program is authorized by California Welfare & Institutions Code Section 17000 to provide temporary relief & basic support by means of a monthly loan to qualified adults with no dependent children
- General Relief payments are loans that must be repaid to the county

Adopt a Family of Marin

415.456.7805

35 Mitchell Blvd., #16, San Rafael
Walk-In Hours:
Mon–Thurs 8:30am–5pm
Office Hours:
Mon–Thurs 8:30am–5pm
& Fri 8:30am–12:30pm
✉ info@adoptafamily.org
🌐 adoptafamily.org

Emergency assistance support with security deposits, rent, car repair, utilities, diapers, & food cards for families living in Marin County with at least 50% or more physical custody of a child under age 18.

Salvation Army Marin (Reach Program)

415.459.4520

351 Mission Ave., San Rafael
Tues–Thur 9am–noon & 1–3pm
🌐 sanrafael.salvationarmy.org

- Call for Reach Program information
- Help with payment of PG&E utilities during financial hardship

OTHER RESOURCES

California Lifeline	866.272.0357
California Children's Services	415.499.6877
United Way Bay Area	800.273.6222 or dial 211
Canal Alliance	415.454.2640
Ritter Center	415.457.8182
(Rental assistance only)	
North Marin Community Services	415.892.1643
(Rental & financial assistance for Novato residents only)	
West Marin Community Services	415.663.8361
Marin County CalFresh/SNAP	877.410.8817
Marin County WIC Program	415.473.6889

All numbers require a "1" before dialing.

FOOD PANTRIES

Call to confirm opening times

BOLINAS

Bolinas Community Center

415.868.2128
14 Wharf Rd., Thurs 11am–1pm

FAIRFAX

Fairfax Community Church

415.295.2233
2398 Sir Francis Drake Blvd.
Sat 8:30–10:30am

MARIN CITY/SAUSALITO

Cornerstone Community Church

415.332.4295
626 Drake Ave., Sausalito
Sat 8–9am

Marguerita Johnson Senior Center

415.332.9323
640 Drake Ave., Sausalito
Mon 10–11:30am

St. Andrew Presbyterian Church

415.332.1011
101 Donahue St., Sausalito
Mon 10:30am–noon

The Peoples Inter-Cities Fellowship

415.332.5305
639 Drake Ave., Sausalito
Thurs 1–3pm & Sun 12:30pm
until supply lasts

NOVATO

Loaves & Fishes Food Pantry

415.883.2177
St. Anthony of Padua Catholic Parish,
1000 Cambridge St.
Mon 3:30–5:30pm

MCC Health Hub

415.755.2556
6100 Redwood Blvd.
Thurs 1–3:30pm

North Bay Children Center (NBCC) Garden of Eatin'

415.883.6222
932 C St., Sat 7:45–8:20am

North Marin Community Services

415.897.4147
1907 Novato Blvd., Tue 1–3pm

SAN RAFAEL

Anthem Church

415.479.4700
50 Los Ranchitos Rd.
Sat 7:45–8:45am

Canal Alliance

415.454.2640
91 Larkspur St., Tues 8:30–11am

Kerner Drive-Thru

415.755.2556
2550 Kerner Blvd., San Rafael
(near Target/Home Depot)
Sat 10am–1pm

MCC Health Hub

415.755.2556
3110 Kerner Blvd., Wed 1–3:30pm

Multicultural Center of Marin

415.526.2486
3240 Kerner Blvd., Sat 8:30–10am

Ritter Center

415.457.8182
16 Ritter St.,
Mon–Wed 8:30am–noon
& 1–3:30pm & Fri 8:30am–noon

Salvation Army Marin (Reach Program)

415.459.4520
351 Mission Ave., Tues 10–11am

SFMarin Food Bank, Venitia Valley

415.824.3663
177 N San Pedro Rd., Tues 3–4pm

SFMarin Food Bank, Bahia Vista

415.824.3663
125 Bahia Way
Wed & Fri 10am until supply lasts

Vivalon Brown Bag Pantry

415.456.9062
999 3rd St., Fri 10–11am

TIBURON/BELVEDERE

Hilarita Community Pantry

415.435.4450
100 Neds Way, Tiburon, Tues 4–5pm

WEST MARIN

San Geronimo Valley Community Center

415.488.8888
6350 Sir Francis Drake Blvd.
Mon 9am–5pm

San Geronimo Valley Commons Drive-Thru

415.488.8888
5800 Sir Francis Drake Blvd.
Thurs 2–5pm

Tomales Town Hall

707.878.2006
27150 Main St., Thurs 2–2:45pm

West Marin Community Services

415.663.8361
11431 Hwy. 1, Pt. Reyes Station
Mon, Wed, & Fri 9am–1pm &
Tues & Thurs noon–4pm

FARMERS' MARKETS

CORTE MADERA

Town Center Courtyard

415.382.7846
Hwy. 101 at Tamalpais Ave.
Wed noon–5pm, year-round

FAIRFAX

Bolinas Park

415.999.5635
142 Bolinas Rd.
Wed 4–8pm, May–Oct

LARKSPUR

Marin Country Mart

415.461.5715
Larkspur Landing Circle
Sat 9am–2pm, year-round

MILL VALLEY

Alto Shopping Center

415.382.7846
759 E. Blithedale Ave. (CVS parking lot)
Fri 9:30am–2:30pm, year-round

Strawberry Shopping Village

415.382.7846
800 Redwood Hwy.
Tues 10am–2:30pm, June–Nov

NOVATO

Downtown

415.999.5635
901 Sherman Ave.
(between Grant Ave. & De Long Ave.)
Tues 4–8pm, May–Oct

Hamilton Landing

415.999.5635
6 Hangar Ave.
Tues 10am–2pm, June–Nov

SAN RAFAEL

Civic Center Sunday

415.472.6100
Civic Center Parking Lot
on Peter Behr Dr.
Sun 8am–1pm, year-round

Civic Center Thursday

415.472.6100
Veteran's Memorial Auditorium
Parking Lot, 10 Avenue of the Flags
Thurs 8am–1pm, year-round

Summer Market

415.472.6100
4th St., Thurs 5–8pm, May–Sept

WEST MARIN

Toby's Feed Barn

415.472.6100
11250 Hwy. 1, Pt. Reyes Station
Sat 9am–2pm, June–Nov

All numbers require a "1" before dialing.

Marin County WIC Program

415.473.6889
 ✉ marincountyWIC@marincounty.org
 🌐 marinhhs.org/wic

WIC (Women, Infants, & Children) is a supplemental food & nutrition program for low-income pregnant, breastfeeding, & postpartum women & children ages 0–5 who have a nutritional risk.

- Provides monthly checks or vouchers to purchase specific foods
- Nutrition education, breastfeeding promotion, community resources, healthcare referrals, & specific supplemental nutritious foods which are high in protein &/or iron

LOCATIONS

Marin Health & Wellness Center

3250 Kerner Blvd., San Rafael
 Mon–Fri 8am–5pm &
 2nd & 4th Tues 5–7pm

Marin City Health & Wellness Center

630 Drake Ave., Marin City
 1st Fri 1:30–5pm &
 3rd Fri 8:30am–noon

Marin Health & Human Services

1682 Novato Blvd., #102, Novato
 Wed & Fri 8am–noon & 1–4:30pm

West Marin Services Center

1 Sixth St., Pt. Reyes Station
 3rd Thurs 8am–noon & 1–4:30pm

Marin County CalFresh/SNAP (formerly Food Stamps Program)

877.410.8817
 Call Center Hours: Mon, Tues, Wed & Fri 7:30–11:40am & 1–4pm
 🌐 marinhhs.org/calfresh-snap

CalFresh/SNAP (Supplemental Nutrition Assistance Program) provides low-income individuals, families, & children with an Electronic Benefit Transfer (EBT) card to be used in participating grocery stores & farmers' markets.

- CalFresh/SNAP is for low-income individuals & families who meet eligibility requirements
- To apply go to BenefitsCal.com, phone the Call Center, or go to a location listed below

LOCATIONS

Marin Health & Human Services

120 North Redwood Dr.
 San Rafael
 Mon–Fri 8am–noon & 1–4:30pm

Marin Health & Wellness Center

3240 Kerner Blvd., San Rafael
 Mon–Fri 8am–4:30pm

West Marin Services Center

1 Sixth St., Pt. Reyes Station
 Mon–Fri 9am–noon & 1–4:30pm

Community Action Marin

415.526.7500
 555 Northgate Dr., #201, San Rafael
 Walk-In Hours:
 Tues–Thurs 9:30am–4:30pm
 Office Hours: Mon–Fri 9am–5pm
 ✉ info@camarin.org
 🌐 camarin.org/getservices

FOOD JUSTICE

- Emergency Food Boxes, in partnership with the SF-Marín Emergency Food Bank, provide a three-day supply of non-perishable food for individuals & families
- Help with CalFresh application so individuals can receive a monthly food subsidy to purchase groceries
- Free Senior Congregate Meals (optional \$3 contribution) for ages 60+ at four Marin locations. Reservations 415.473.4636

ExtraFood
415.997.9830

907 Sir Francis Drake Blvd., Kentfield
 ✉ contact@extrafood.org
 🌐 extrafood.org

- ExtraFood's mission is to end hunger & wasted food in the Bay Area through their innovative programs; including food recovery, meal-making, gleaning, & emergency response
- ExtraFood rescues excess fresh food from any Bay Area business, school, hospital, backyard, & farm & immediately delivers the food to non-profit distribution partners serving our community's most vulnerable children, seniors, & families
- ExtraFood increases equitable access to nutritious food for people in need

OTHER RESOURCES

St. Vincent de Paul Society of Marin **415.454.3303**

(Free dining room, 820 B St., San Rafael
 Mon–Sun Breakfast 7–8am & Lunch 11am–1pm)

Meals on Wheels (Vivalon) **415.473.4636**

(Home delivered meals for 60+ & homebound people/
 suggested contribution \$3.50/meal)

Vivalon Nourish **415.456.9062**

(Home delivered meals for people with chronic health conditions/
 suggested contribution \$3.50/meal)

Vivalon Cafe **415.456.9062**

(999 Third St., San Rafael, Mon–Fri 11:30am–2pm
 Eat-In or take-out affordable meals)

United Way Bay Area **800.273.6222 OR DIAL 211**

(Emergency Food Access)

North Marin Community Services **415.892.1643**

(Non-perishable emergency food & backpacks for homeless individuals & families; CalFresh enrollment)

All numbers require a "1" before dialing.

Marin Health & Wellness Connection Center & Campus

415.473.4300

(English & Spanish)

3240 Kerner Blvd., San Rafael
(corner of Kerner & Bellam Blvd.)

🌐 marinhhs.org/connection-center

- Marin Health & Wellness Connection Center is the focal point for health promotion, prevention activities, & contact information for other county & community services
- Bilingual, multi-cultural staff members offer information about campus programs & community resources, referrals, billing services, case management, health insurance enrollment, & assistance navigating & accessing services

MarinHealth Medical Center

415.925.7000

250 Bon Air Rd., Greenbrae
Mon–Sun/24 Hour Emergency
Primary & Specialty Care

Appointments: 888.627.4642

🌐 mymarinhealth.org/locations/medical-center

- Marin's only full-service, acute care hospital
- Surgery, physical therapy, level III trauma center/emergency service, & labor/delivery unit
- Accepts Medi-Cal, Medicare, CPSP, Healthy Families, private insurance

Marin City Health & Wellness Center

415.339.8813

Marin City Clinic

630 Drake Ave., Marin City
Mon–Fri 8am–5pm

Women's Health Center

880 Las Gallinas Ave., #2,
San Rafael

Mon–Fri 8am–5pm

✉ info@marincityclinic.org

🌐 marincityclinic.org

Provides innovative health & wellness services to people of all ethnicities, with a focus on low-income families of historically African-American communities.

- Medical family practice, women's health, children's services, mental health & psychiatric services, perinatal, & wellness checks
- Substance abuse counseling & Medication Assisted Treatment (MAT) for recovery
- Medi-Cal, private insurance, & self-pay/sliding fee scale discount
- General & pediatric dental care. Medi-Cal Dental, Delta Dental, & Met Life Dental, private insurance. Uninsured patients may qualify for sliding fee scale discount

Marin Community Clinics

415.448.1500

(English & Spanish)

Call or visit website
for days & hours

🌐 marinclinic.org

- High quality, low-cost medical, behavioral health, & dental care for the whole family
- Serves all members of the community, regardless of insurance status
- Accepts most insurance such as Medi-Cal, CPSP, & CHDP
- Uninsured patients can receive help enrolling for insurance & may be eligible to pay on a sliding fee scale
- Call to schedule a telephone or in-person visit
- English, Spanish, Vietnamese, & translation services

LOCATIONS

Larkspur

5 Bon Air Rd., Bldg D, #117

Greenbrae

1260 South Eliseo, #201

Novato

- Novato North
6100 Redwood Blvd.
- Novato South
6090 Redwood Blvd.

San Rafael

- 3110 Kerner Blvd.
- 3260 Kerner Blvd.
- 411 Fourth St. (dental only)
- 1618 Second St.
- 999 Third St.
(opening summer 2024)

Coastal Health Alliance

415.663.8666

(English & Spanish)

🌐 coastalhealthalliance.org

- Provides comprehensive medical, dental, mental health, & specialty healthcare services for West Marin residents including men, women, & children, regardless of ability to pay
- Low-cost primary healthcare including same day care, lab services, breast exams, prenatal/obstetrical, & referral to specialty care
- Chronic disease management for diabetes, hypertension, & asthma services
- Comprehensive dental care

LOCATIONS

Bolinas

88 Mesa Rd.,
Mon, Wed, & Thurs
8:30am–12:30pm & 1:30–5pm

Pt. Reyes Station

3 Sixth St.,
Mon–Fri 8:30am–12:30pm
& 1:30–5pm & Sat 8:30am–1pm

Dental: Pt. Reyes Station

65 Third St., #13,
Mon–Fri 8:30am–5pm,
✉ ismile@phealthcenter.org
or call 415.787.1123

All numbers require a "1" before dialing.

Marin County Child Health & Disability Prevention Program (CHDP)

415.473.4269

3240 Kerner Blvd., San Rafael
Mon–Fri 8am–5pm

✉ hhschdpmarin@marincounty.org
 🌐 marinhhs.org/child-health-disability-prevention-chdp

Public health program that sets standards for pediatric well-child care provided to children eligible for or covered by Medi-Cal insurance.

- Eligible children & youth receive periodic preventive health exams & referred for diagnosis & treatment, as necessary
- Assists families in obtaining diagnostic & treatment services in medical, dental, & mental health problems identified during the health assessment
- Limited medical case management for high-risk children & children in foster care

Public Authority of Marin

415.499.1024

70 Skyview Terrace, #B,
San Rafael

Walk-In Hours:

Mon–Thurs 9am–4pm

Office Hours: Mon–Fri 9am–5pm

✉ registry@pa-marin.org
 🌐 pamarin.org

- Provides lists of screened caregivers to In-Home Supportive Services (IHSS) recipients
- Provides assistance to IHSS recipients who require additional help in hiring a caregiver or in establishing a positive working relationship with their caregiver
- Offers trainings & orientations for caregivers in the IHSS program

OTHER RESOURCES

ExtraFood **415.997.9830**

North Marin Community Services..... **415.892.1643**

(Novato Teen Clinic: Free, confidential reproductive & brief behavioral healthcare for youth ages 12–25; great team of Peer Health Promoters)

Huckleberry Youth Programs..... **415.919.7665**

Marin Center for Independent Living..... **415.459.6245**

California Children's Services **415.499.6877**

Marin County WIC Program..... **415.473.6889**



Marin Housing Authority

415.491.2525

4020 Civic Center Dr., San Rafael

Walk-In & Office Hours:

Mon–Thurs 10am–4:30pm

🌐 marinhousing.org

- Referral-based supportive housing programs
- Information & referrals for individuals, families, & seniors
- Housing & Housing Choice Voucher (HCV) Program (Section 8) listings
- Information on emergency food & shelter
- Home buyer assistance workshops
- Special programs for seniors, people with disabilities, & families

Ecumenical Association for Housing (EAH)

415.258.1800

22 Pelican Way, San Rafael

Mon–Fri 9am–5pm

🌐 eahhousing.org

- Develops, manages, & promotes quality, affordable housing addressing the needs of low-income families & older adults living in Marin County
- Provides affordable rental & permanent housing to people regardless of income or ethnic background

All numbers require a "1" before dialing.

Community Action Marin
415.526.7500

555 Northgate Dr., #201,
San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
✉ info@camarin.org
🌐 camarin.org/getservices

HOUSING JUSTICE

- Community Alternative Response Engagement (CARE) outreach offers vital support & assistance to unhoused people throughout Marin County
- Housing Information Specialists help members with a housing search plan & share information about shared housing options, Housing Choice Voucher (HCV) Program (Section 8), & subsidized housing
- Helps low-income Marin County residents apply for short-term, one-time assistance with rent, mortgage payments, or security deposits through the Chronicle Season of Sharing Fund

Habitat for Humanity Greater San Francisco
415.625.1005

300 Montgomery St., #450,
San Francisco
Mon–Fri 9am–5pm
✉ info@habitatgsf.org
🌐 habitatgsf.org/home-repair-work

- Builds homes & sustains affordable homeownership opportunities for families in Marin, San Francisco, & San Mateo Counties
- Values focus on building partnerships, equity, stability, & legacy
- Home Preservation Program serves long-standing homeowners in Marin County
- Partners with low-income homeowner families & seniors throughout Marin County in need of critical home repairs

//////////////////// **OTHER RESOURCES** //////////////////////

Fair Housing Advocates of Northern California. 415.457.5025

North Marin Community Services. 415.892.1643
(Emergency rental/mortgage & security deposit assistance & housing placement for Novato residents only)

United Way Bay Area 800.273.6222 or dial 211

Ritter Center 415.457.8182
(Permanent housing support for long-term homeless individuals & families, short-term rental assistance for low-income families, individuals, & people experiencing homelessness)



Fair Housing Advocates of Northern California
415.457.5025

1314 Lincoln Ave., #A,
San Rafael
🌐 fairhousingnorcal.org

- English & Spanish spoken; literature in English, Spanish, & Vietnamese
- Investigates & provides counseling services in cases of housing discrimination
- Provides pre-purchase & foreclosure prevention counseling & education
- Offers community education program on issues of diversity & inclusion
- Offers tenant & landlord trainings on fair housing laws
- For assistance, fill out online intake form at fairhousingnorcal.org or call 415.457.5025

Marin County Community Development Agency: Housing
415.473.6697

3501 Civic Center Dr., #308,
San Rafael
🌐 marincounty.org/depts/cd/divisions/housing/dispute-resolution

- The Rental Housing Dispute Resolution Program (mandatory mediation) offers an opportunity for landlords & tenants to discuss issues related to increases in monthly rent greater than 5% over a 12-month period.
- Program only for residents of Fairfax, San Rafael, & unincorporated Marin County

All numbers require a “1” before dialing.



**United Way
Bay Area
800.273.6222
or dial 211**

Help Line Mon–Sun/24 hours/
Linea de ayuda 24 horas
(Multiple Languages Available)
550 Kearny Street, #510,
San Francisco
✉ 211@uwba.org
🌐 211bayarea.org

- Information about immigration law, welfare reform, & social services
- Referrals for immigration services (no in-person services)

**United States
Citizenship &
Immigration
Services (USCIS)**

800.375.5283
(English & Spanish)
TTY: 800.767.1833
VRS: 877.709.5797
Mon–Fri 8am–8pm (Eastern Time)
San Francisco District Office
444 Washington St.
(Appointment Only)
🌐 uscis.gov

//////////////////// **OTHER RESOURCES** //////////////////////

Canal Alliance 415.454.2640
Centro Legal De La Raza 510.437.1554

**Legal Aid of Marin
415.492.0230**

1401 Los Gamos Dr., #101,
San Rafael
Mon–Thurs
9am–12:30pm & 1:30–5pm
🌐 legallaidmarin.org

Legal services for low-income
Marin residents.

HOUSING LAW

- Eviction defense
- Habitability complaints
- Tenant organizing & education
- Homelessness prevention

EMPLOYMENT LAW

- Minimum wage, overtime, & break enforcement
- Improper payroll deductions
- Employment discrimination
- Wrongful termination
- Public benefits

ESTATE PLANNING

- Limited scope estate planning (powers of attorney, advanced healthcare directives, & simple wills)

CONSUMER PROTECTION

- Misleading auto repairs
- Contracts negotiated in another language
- Wage garnishment defense
- Predatory lending
- Consumer scams
- Lawsuits by debt collectors

MARIN COMMUNITY COURT

- Assists unhoused & otherwise marginalized Marin residents in Poverty Alleviation Diversion Program with Marin Superior Court
- Minor infractions: Jaywalking, sleeping in public parks, etc.
- Misdemeanors, DUI, or criminal matters are currently not eligible

**Family & Children's
Law Center**

415.492.9230
1401 Los Gamos Dr., #200,
San Rafael
Mon–Thurs 9am–noon & 1–5pm
& Fri (Appointment Only)

✉ info@facfc.org
🌐 facfcmarin.org

- Appointments available in English & Spanish
- Family Law: Divorce, child custody, child support, parentage (for unmarried couples at the time of child birth), step-parent adoption, guardianship, spousal/partner support, domestic violence restraining orders, & name/gender changes
- Child Law: Special immigrant juvenile status & emancipation
- Sliding fee scale for Marin County cases

**Centro Legal
De La Raza**

510.437.1554
3400 E. 12th St., Oakland
✉ info@centrolegal.org
🌐 centrolegal.org

- Legal services agency protecting & advancing the rights of low income, immigrant, Black, & Latinx communities through bilingual legal representation, education, & advocacy
- Marin County residents can only receive service for immigration & workers'rights

All numbers require a "1" before dialing.

Marin County Child Support Services
866.901.3212

88 Rowland Way, #200, Novato
Mon–Fri 8:30am–4pm
🌐 marincounty.org/depts/cs

- Annual fee \$35 for the entire year in all matters of child support & paternity
- Establishes paternity, enforces & obtains child support & medical insurance orders
- Collection & distribution of child support payments

Marin County District Attorney Consumer Protection Unit
415.473.6450

3501 Civic Center Dr. #145, San Rafael
Mon–Fri 8am–4pm
🌐 marincountyda.org/service/consumer-protection-unit

- Protects the public, prosecutes violators, & prevents future violations of consumer & environmental activities.
- Handles consumer/vendor disputes, mediation, education of both consumers & retailers, & is a public resource for consumer rights information
 - Outreach programs educate the community on current trends of consumer fraud & how to avoid them. Provides speakers at community events upon request

Marin County District Attorney Victim Witness Assistance Program
415.473.6450

3501 Civic Center Dr., #145, San Rafael
Mon–Fri 8am–4pm
🌐 marincountyda.org/service/victim-witness-assistance

Provides services & support to crime victims & witnesses & their families to help navigate the criminal justice system. Services provided in English & Spanish.

- Legal residency is not required
- Help with filing claims for compensation through the California Victims Compensation Program
- Resource & referral service for individuals traumatized by criminal events (i.e., battered women's shelters & professional psychiatric treatment services)
- Court escorts
- Act as liaisons with prosecutors, law enforcement, & other county agencies offering services
- Assistance with Victim Impact Statements, restitution, & funeral/burial arrangements

Marin County Superior Court
415.444.7000

Civic Center Hall of Justice, 3501 Civic Center Dr., San Rafael
🌐 marin.courts.ca.gov

Marin County Superior Court: Small Claims
415.444.7130

Civic Center Hall of Justice, 3501 Civic Center Dr., # C-44, San Rafael
✉ selfhelp@marin.courts.ca.gov
🌐 marin.courts.ca.gov/divisions/small-claims/small-claims-advisor

Provides small claims advisor services to the public.

- Services include assistance filing & responding to claims, providing information on procedures in these actions, & helping parties to adequately prepare for their court appearances

Vivalon
415.456.9062

999 Third St., San Rafael
Walk-In Hours:
Mon 9am–3pm & Tues–Fri 9am–5pm
Office Hours: Mon–Fri 9am–5pm
✉ info@vivalon.org
🌐 vivalon.org

- Legal advice & referrals
- Estate planning resources

Marin County Superior Court: Legal Self Help Center
415.444.7130

Civic Center Hall of Justice, 3501 Civic Center Dr., #C-44, San Rafael
✉ selfhelp@marin.courts.ca.gov
🌐 marin.courts.ca.gov/self-help/legal-self-help-center

Provides free assistance to those who do not have attorneys.

- Services include intake, information & referral to legal services partners, & individual assistance with legal document preparation, & conducting self-guided legal research
- Coordination of volunteers & interns who provide direct customer services
- Bilingual assistance & legal reference materials for non-English speakers

//////////////////// **OTHER RESOURCES** //////////////////////

Fair Housing Advocates of Northern California415.457.5025
United Way Bay Area800.273.6222 or dial 211

All numbers require a "1" before dialing.

NAMI Marin County
415.444.0480

Mon–Sun/24 hours (if no one answers, leave message & someone will call back soon)
555 Northgate Dr., #101,
San Rafael
✉ info@namimarin.org
🌐 namimarin.org

An organization of families, friends, & individuals whose lives have been affected by mental illness. Provides advocacy, education, support, & public awareness so all people affected by mental health conditions in Marin County can build better lives.

- Support provided to individuals with mental illness, family members, caregivers, kids, teens, young adults, veterans & active duty, & frontline professionals
- Family-to-Family Education Program: Free educational program for family, significant others, & friends of people with mental health conditions
- Free support groups. See website calendar for scheduled sessions
- Multiple resources available

Wellify Teen
415.847.2534

P.O. Box 351, Ross
Contact: Sally Newson
✉ sally@wellifyteen.org
🌐 wellifyteen.org

Find mental health resources for low-income Marin County residents by downloading the Wellify4Teens app at Apple or Google stores.

North Marin Community Services

Wilson Avenue Center (Main Office)
415.892.1643
680 Wilson Ave., Novato
Mon–Fri 8am–5pm

Novato Boulevard Center
415.897.4147
1907 Novato Blvd., Novato
M–Th 9:30–11:30am & 1–4pm
✉ info@northmarincs.org
🌐 northmarincs.org

- Individual, child, adolescent, & family counseling, Spanish spoken
- Low fee sliding scale
- Medi-Cal accepted upon referral from Marin Behavioral Health & Recovery Services
- Promotores Program: Community Health Advocates from eight different Latin American countries who speak English, Spanish, Mayan, & Quiché provide outreach, education, & one-to-one emotional support related to substance use, mental health prevention, & early intervention
- Newcomer groups & student support
- Workshops & ELAC presentations: Underage drinking & marijuana use; mental health

Community Institute for Psychotherapy (CIP)

415.459.5999
1330 Lincoln Ave., #201, San Rafael
Mon–Fri 8am–8pm
✉ admin@cipmarin.org
🌐 cipmarin.org

- Provides quality, affordable mental health services to Marin individuals & families so they may re-establish mental & emotional well-being, & live satisfying, productive lives
- Offers short & long-term outpatient psychotherapy on a sliding scale fee basis to adults, children, families, & couples who would otherwise be unable to afford such services

Child Therapy Institute

415.456.7724
1480 Lincoln Ave., #8, San Rafael
✉ cti@childtherapyinstitute.com
🌐 childtherapyinstitute.org

Provides individual counseling & psychotherapy for children & their families, & works with teens & adults

Marin Behavioral Health & Recovery Services (BHRS)

888.818.1115
🌐 marinbh.rs.org
• Peer Warmline 855.845.7415
• Crisis Stabilization Unit 415.473.6666
Mon–Sun/24 hours
250 Bon Air Rd., Greenbrae
• Mobile Crisis Response Team 415.473.6392

CalHOPE
833.317.4673

(live chat, text, call)
833.642.7696 (Spanish)
Mon–Sun/24 hours
🌐 calhope.org

Provides free, safe, & confidential mental health support for children, youth, adults, & families.

- CalHOPE Connect provides emotional support & resources to individuals experiencing stress, anxiety, & depression. Multiple languages available
- Peer Support Specialists available Mon–Sun 8am–midnight

//////////////////// **OTHER RESOURCES** //////////////////////

Huckleberry Youth Programs	415.919.7665
Marin Community Clinics	415.448.1500
Bay Area Community Resources	415.444.5580
Buckelew Programs	415.457.6964
Integrated Community Services	415.455.8481
United Way Bay Area	800.273.6222 or dial 211
Ritter Center	415.457.8182
(Therapy & psychiatry)	



Marin YMCA

415.492.9622

1500 Los Gamos Dr., San Rafael
 YKids Hours: Mon–Sun 8am–noon
 & Mon–Thurs 4–8pm

🌐 ymcasf.org/locations/marin-ymca

Afterschool Care:

🌐 ymcasf.org/marin-ymca-afterschool-programs

- Private, semi-private, & group swim lessons
- Summer camp programs & before & after-school care
- Pool, exercise classes, independent exercise, sports, & other wellness activities
- Scholarships available for many programs & services

Community Action Marin

415.526.7500

555 Northgate Dr, #201, San Rafael

Walk-In Hours:

Tues–Thurs 9:30am–4:30pm

Office Hours: Mon–Fri 9am–5pm

✉ info@camarin.org

🌐 camarin.org/getservices

HOUSING JUSTICE

- Outreach & case management offers vital support & assistance to unhoused & preciously housed transition-age youth ages 18–24
- Three year effort supported by Tipping Point Community to help ensure access to available services

North Marin Community Services

Wilson Avenue Center (Main Office)

415.892.1643

680 Wilson Ave., Novato
 Mon–Fri 8am–5pm

Novato Boulevard Center

415.897.4147

1907 Novato Blvd., Novato
 Mon–Fri 9:30–11:30am & 1–4pm

✉ info@northmarincs.org

🌐 northmarincs.org

- Employment resources & job referrals
- Emergency food & financial assistance
- Latino outreach & general services
- Childcare resources
- Therapy counseling
- Childcare for children ages 2–14
- Parenting classes held three times a year in English & Spanish for parents of children who are in Middle School
- Development Playgroup (in-person only) for children ages 2–5
- Novato Teen Clinic: Peer health promotion & teen volunteer opportunities
- Newcomer assistance

Trips for Kids Bay Area

415.458.2986

610 4th St., San Rafael

✉ office@tripsforkidsbayarea.org

🌐 tripsforkidsbayarea.org

- Trail Rides, led by skilled staff leaders, take kids on bike adventures (many for the first time) on gorgeous local bike trails. Kids learn about the environment, its history, & have fun
- Earn-A-Bike is an online & in-person 10-week course that teaches bike mechanics, bike safety, & provides an opportunity for participants to earn their own bike, helmet, & lock
- Mobile Bike is a 10-week program that teaches how to ride, safe riding, & bike maintenance skills to youth at their school
- Paid Internship Program teaches basic mechanics, customer service, & leadership skills
- Recyclery Program refurbishes donated bikes of all sizes & offers them at low cost to the community

All numbers require a "1" before dialing.

Huckleberry Youth Programs
415.258.4944

Crisis Hotline: 415.621.2929
 Mon–Sun/24 hours
 (San Francisco-based Crisis Center)
 361 3rd St., San Rafael
 ✉ hyp@huckleberryyouth.org
 🌐 huckleberryyouth.org

Partners with Bay Area teens & families to overcome adversity, strengthen families, & empower young people with services that promote safety in times of crisis, physical & emotional health & well-being, social justice in communities facing inequity, & educational success.

- ACE (Access to College Equity) Academy, a college & career access program in Marin for first-generation youth, preparing high school students for post-secondary education
 ✉ ace@huckleberryyouth.org
- 24-hour crisis intervention & emergency shelter to high-need youth ages 12–17. Shelter located in San Francisco
- Comprehensive sexual & reproductive healthcare for ages 12–21. Call 415.919.7665 for appointment
- Health education workshops in Marin schools & community-based programs
- Mental health therapy, case management, & educational workshops for youth up to age 25. ✉ mhmarin@huckleberryyouth.org

Marin 4-H Youth Development, University of California
415.473.4207

1682 Novato Blvd., #150-B, Novato
 Walk-In & Office Hours:
 Mon–Fri 9am–noon & 1–4pm
 ✉ marin4h@ucanr.edu
 🌐 cemarin.ucanr.edu/programs/4h

- Helps young people ages 5–18 reach their fullest potential as competent, confident individuals who contribute to & are connected with their communities
- In 4-H programs, youth set goals, develop plans, complete projects, & reflect on their experiences
- Youth are encouraged to discover their passions, adopt a growth mindset, & practice self-reflection
- Join the Marin County 4-H Club & select one or more projects, from animals to rocketry

Karma Club Teen
415.847.2534

5800 Northgate Dr., #74, San Rafael
 Walk-In & Office Hours:
 Mon–Fri 2–6pm
 ✉ info@karma-club.org
 🌐 karma-club.org

- Free teen after school hangout & enrichment space for ages 13–19
- Located inside Northgate Mall with art, free tutoring, study space, board games, ping pong, & free snacks
- Career development & future readiness classes, workshops, & programs
- Safe & inclusive space for social & community connection
- Fosters social-emotional, education, & personal development
- Advances equity for underserved youth
- Parents should register student online at karma-club.org

Big Brothers Big Sisters of the Bay Area
415.503.4050

1230 Preservation Park Way, Oakland
 Mon–Fri 9am–5pm
 🌐 bbbsba.org

Mentoring program for children ages 8–17.

//////////////////// **OTHER RESOURCES** //////////////////////

- Wellify Teen** **415.847.2534**
- Center for Domestic Peace** **415.526.2557**
 (Marin Youth Services text line Mon–Fri 9am–5pm)
- Community Institute for Psychotherapy** **415.459.5999**
- CareerPoint Marin** **415.966.0860**
- Multicultural Center of Marin** **415.526.2486**
- CalHOPE** **833.317.4673**
 (Mon–Sun/24 hours)
- Matrix Parent Network & Resource Center** **415.884.3535**
- Bay Area Community Resources** **415.444.5580**
- Child Therapy Institute** **415.456.7724**
- Marin Center for Independent Living** **415.459.6245**

All numbers require a “1” before dialing.

Department of Motor Vehicles (DMV)

800.777.0133
(English & Spanish)

75 Tamal Vista Blvd.,
Corte Madera
936 Seventh St., Novato
Mon, Tues, Thur, Fri 8am–5pm
& Wed 9am–5pm
🌐 dmv.ca.gov

- Drop in or call for appointment
- Many services online at dmv.ca.gov/portal/dmv-online
- California driver's license & state identification cards
- License plates, permits & placards, vehicle registration, replace lost/stolen/damaged documents, self-service terminals, testing, & title transfers

Golden Gate Transit Bus & Ferry Services

415.455.2000

Customer Service
Mon–Fri 7am–6pm
🌐 goldengate.org

- Main bus terminal at Heatherton between 2nd & 3rd, San Rafael
- See website for maps, schedules, & fares

OTHER RESOURCES

Marin Airporter **415.461.4222**
(San Francisco airport bus service)

Marin Door-to-Door **415.870.8787**
(Shuttle & airport service)

Vivalon Rides **415.454.1098**
(Specialized transportation & medical rides for older adults & people with disabilities)

Marin Transit

415.226.0855

711 Grand Ave, #110, San Rafael
Walk-In & Office Hours:
Mon–Fri 8:30am–5pm
(See website for full schedule)

✉ info@marintransit.org
🌐 marintransit.org

- Provides local public transit in Marin County & offers various bus routes to travel locally & make connections to neighboring counties & in the region
- Marin Access includes a suite of programs & services for older adults & people with disabilities that cannot or choose not to drive, including ADA Paratransit, Volunteer Driver programs, & subsidized taxi or TNC trips
- Travel Navigators assist with eligibility. Call 415.454.0902



Marin Al-Anon/Alateen

415.455.4723

🌐 marinal-anon.org

- Marin Al-Anon is a fellowship of relatives & friends of alcoholics that help solve common problems & share experiences, strength, & hope with one another
- Alateen is a fellowship of children & adolescents younger than age 20 whose lives have been affected by alcoholism in a close friend or family member. For more information ✉ marinalateen@gmail.com or go to website
- Meetings are virtual & in-person
- Call or see website for meeting times & online & in-person information/locations

Helen Vine Recovery Center (Buckelew Programs)

415.492.0818

291 Smith Ranch Rd., San Rafael
🌐 buckelew.org/services/the-helen-vine-recovery-center

- Licensed 30-bed, co-ed residential withdrawal management & substance use treatment program
- Short-term detox & 45-day residential treatment
- For adults 18+. No children
- Open to Marin residents seeking recovery regardless of ability to pay, including self-referrals, Kaiser, Medi-Cal, those who are unhoused, & self-pay

All numbers require a "1" before dialing.

Marin County DUI Program

415.453.9980

(English & Spanish)

171 Carlos Dr., San Rafael

Walk-In Hours:

Mon–Thurs 11am–4pm

Office Hours:

Mon–Thurs 10am–6pm

& Fri 10am–3pm

🌐 dui-marin.org

Marin County DUI Program offers court & DMV mandated programs for persons cited for driving under the influence.

- Programs include education & group counseling
- Registration is done by appointment only. Registration appointments may take an hour to complete. Call to make a registration appointment.
- Programs conducted in English & Spanish
- Four programs for first offenders determined by the court:
 - 12-Hour Education Program
 - 15-Week Program
 - 6-Month Program
 - 9-Month Program
- For multiple offenders: 18-Month Program consisting of education, group & individual counseling, & community re-entry

Marin Treatment Center

415.457.3755

1466 Lincoln Ave., San Rafael

Mon–Fri 8am–4pm

✉ office@mtcinc.org

🌐 marintreatmentcenter.org

Provides an Opioid Treatment Program (OTP) that specializes in working with people diagnosed with Opioid Use Disorder (OUD).

- Medication Assisted Treatment (MAT) such as Methadone & Buprenorphine, one-on-one counseling therapy, & care coordination between healthcare providers
- In-person & TeleHealth services available
- Medicare, Medi-Cal, Kaiser HMO/Senior Advantage, uninsured/underinsured, & other insurance

Center Point, Inc

415.456.6655

1601 Second St., San Rafael

🌐 cpinc.org

- Residential or out-patient care
- Sliding scale for Marin County residents
- Drug & alcohol recovery program
- Counseling, support, & follow-up care
- Perinatal, men's & women's residential
- Sober living homes

Alcoholics Anonymous (AA)

415.674.1821

Linea directa 24 horas:

707.623.6702

Mon–Sun/24 hours

✉ help@aasfmarin.org

🌐 aasfmarin.org

- AA is a fellowship of people who share their experience, strength, & hope with each other that they may solve their common problem & help others to recover from alcoholism
- Call or see website for Marin County locations & meeting times

OTHER RESOURCES

Bucklew Programs 415.457.6964

Marin Behavioral Health & Recovery Services 888.818.1115



All numbers require a "1" before dialing.



Community Action Marin
415.526.7500

555 Northgate Dr, #201,
San Rafael
Walk-In Hours:
Tues–Thurs 9:30am–4:30pm
Office Hours: Mon–Fri 9am–5pm
✉ LIHEAP@camarin.org
🌐 camarin.org/getservices

SAFETY NET SERVICES

- Low-Income Home Energy Assistance Program (LIHEAP) provides one-time energy payment assistance
- Participants must be income eligible households who are recognized as a high priority group under the State of California 2024 guidelines

PHONE/INTERNET

AT&T
800.222.0300
(English & Spanish)

Residential Telephone/
Internet Required

Community Phone
866.869.5475

Discounted Phone Service/
Landline Only

California LifeLine
866.272.0357

Mon–Fri 7am–7pm PST
🌐 californialifeline.com

Statewide program that provides discounted home phone & cell phone services to eligible households.

//////////////////// **OTHER RESOURCES** //////////////////////

- Adopt A Family of Marin** **415.456.7805**
United Way Bay Area **800.273.6222** or dial 211
West Marin Community Services **415.663.8361**
Salvation Army Marin **415.459.4520**
 (Reach Program)

All numbers require a “1” before dialing.

GAS/ELECTRIC

Pacific Gas & Electric (PG&E)
800.743.5000
800.660.6789 (Spanish)
Serving all Marin County

WATER

Marin Municipal Water District
415.945.1455
Serving Southern & Central Marin north to Novato & west to San Geronimo

North Marin Water District
415.897.4133
Serving Novato, Pt. Reyes Station, Olema, Bear Valley, Inverness Park, & Paradise Ranch Estates

Stinson Beach County Water District
415.868.1333
Serving Stinson Beach, Shoreline Hwy., & Panoramic Hwy.

GARBAGE/RECYCLING

Marin Sanitary Service
415.456.2601
Serving San Rafael, San Anselmo, Ross, Kentfield, Kent Woodlands, Fairfax, Greenbrae, Larkspur, & other unincorporated areas of Central Marin County

Mill Valley Refuse Service
415.457.9760
Serving Almonte, Alto, Belvedere, Corte Madera, Homestead, Mill Valley, Strawberry, Tiburon, & several unincorporated areas of Marin County

Bay Cities Refuse Services
415.332.3646
Serving Southern Marin: Sausalito, Marin City, & surrounding unincorporated areas

Recology Sonoma Marin
800.243.0291
Serving Novato, Stinson Beach, Bolinas, & West Marin

Marin Household Hazardous Waste Facility
415.485.6806
565 Jacoby St., San Rafael
Hazardous waste drop-off
Tues–Sat 8am–3:30pm



Bay Area Discovery Museum

415.339.3900

557 McReynolds Rd., Fort Baker
(right under Golden Gate Bridge)

Open year-round

Walk-In Hours:

Wed–Sun 10am–4pm

Office Hours: Mon–Fri 9am–5pm

✉ contact@badm.org

🌐 bayareadiscoverymuseum.org

- A children's museum with over 10 playful learning environments for children to have fun & learn
- Free parking & a variety of discounts for those who qualify (see website)
- Imaginations run wild in a combination indoor/outdoor space with experiences designed for children ages 6 months–8 years

WildCare

415.456.7283

76 Albert Park Lane (at B St.),
San Rafael

🌐 discoverwildcare.org

WildCare will be rebuilding their facility at 76 Albert Park Lane & will temporarily relocate to a transition site at 251 North San Pedro Rd., San Rafael from September 2024 until approximately December 2025. Check website for updates.

- This facility serves as a hospital for injured, ill, or orphaned native & migratory wildlife

San Francisco Zoo & Gardens

415.753.7080

Sloat Blvd. @ The Great Highway,
San Francisco

Open year-round

Mon–Sun 10am–5pm

✉ guestservices@sfoo.org

🌐 sfoo.org

- Over 2,000 exotic, endangered & rescued animals representing more than 250 species & lovely peaceful gardens full of native & foreign plants
- Purchase tickets online. See website for other updates
- Free parking available on Sloat Blvd. Paid parking available at the main parking lot on a first-come, first-serve basis
- Bring your own food or eat at Leaping Lemur Café

China Camp State Park & Beach

415.456.0766

101 Peacock Gap Trail, San Rafael

Open year-round

Mon–Sun 8am–Sunset

✉ programs@friendsofchinacamp.org

🌐 friendsofchinacamp.org

- A historic shrimping village & beach located on San Pablo Bay in Marin County
- Museum, picnic areas, hiking, biking, swimming, windsurfing, paddle boarding, canoeing, kayaking, fishing, & camping
- Free admission. \$5 parking
- Snack shop open on weekends offers snacks, beverages, & ice cream

Angel Island State Park

415.435.1915

San Francisco Bay (accessible only by boat or public ferry)

Open year-round

Mon–Sun 8am–Sunset

(dependent on weather)

🌐 parks.ca.gov/angelisland

- Largest natural island in the San Francisco Bay
- Foot trails & fire roads circle the entire island, including a 788-foot-high summit of Mount Caroline Livermore
- Bicycles allowed on main roads
- Individual & group picnic areas & campsites
- Visitor Center, Barracks Museum, & Immigration Museum open for self-guided visits & reserved groups
- Day use boat docks
- Overnight mooring buoys in Ayala Cove. Pay before tying up
- For food, shuttles, tram tours, Segway, & bike rentals, contact Angel Island Company angelisland.com
- Check ferry schedules for every visit as schedules are subject to change & cancellation

All numbers require a "1" before dialing.

Muir Woods National Park Monument

415.561.2850

One Muir Woods Rd., Mill Valley

Open year-round

Mon–Sun 8am to sunset
(dependent on weather)

🌐 nps.gov/muwo

- Federally protected national park that boasts of a primeval forest filled with old growth coastal redwoods & lush landscape. It is a walking-only park
- Reservations are required for all personal vehicles parking & shuttle riders. Parking & shuttle fees are not included in the entrance fee
- Entrance fee \$15 for ages 16 & older. Free to ages 15 & under
- To book your trip go to gomuirwoods.com or call 800.410.2419
- Visitor Center open 8am to 30 minutes before sunset
- Muir Woods Trading Company & Cafe are open 9am to one hour before the park closes
- There is no lodging & no camping in Muir Woods
- Lodging & campsites available close to the park. See website for information

California Academy of Sciences

415.379.8000

Golden Gate Park,

55 Music Concourse Dr.,

San Francisco

Open year-round

Mon–Sat 9:30am–5pm,

Sun 11am–5pm

Thurs NightLife (ages 21+) 6–10pm

✉ info@calacademy.org

🌐 calacademy.org

- A museum dedicated to regenerate the natural world through science, learning, & collaboration
- Exhibits include Steinhart Aquarium, Morrison Planetarium, Osher Rain Forest, & Kimball Natural History Museum
- Tickets purchased in advance cost less than tickets purchased on the day of visit. See website for ticket prices
- Discounted admission is available at the ticket window for EBT/CalFresh, WIC, Lifeline Pass, & Medi-Cal cardholders
- Tours, specialty programs, & group tickets pricing
- Food available at the Academy Café & Terrace Restaurant

POLICE/FIRE/MEDICAL

Emergency

911

Non-Emergency

415.479.2311

MENTAL HEALTH CRISIS

National Suicide & Crisis Lifeline

988

National Suicide & Crisis Lifeline Chat online

🌐 988lifeline.org/chat

Línea 988 de Prevención del Suicidio y Crisis

988

SAMHSA's National Helpline

800.662.4357

Línea Nacional de Ayuda de SAMHSA

800.662.4357

Marin BHRS Crisis Stabilization Unit

415.473.6666 or

text MARIN to 741741

Marin BHRS Mobile Crisis Response Team (MCRT)

415.473.6392

Veterans Crisis Line

988 then press 1

or text 838255

DISASTER DISTRESS

Disaster Distress Helpline

800.985.5990

DOMESTIC VIOLENCE

Marin County Children & Family Services

415.473.7153

Marin County Adult Protective Services

415.473.2774

(60+ & 18+ disabled dependent adults)

Center for Domestic Peace

415.924.6616

Community Violence Hotline

800.670.7273 or text CVS to 20121
(Sexual assault & family violence)

RAINN (Rape, Abuse & Incest National Network)

800.656.4673

National Domestic Violence Hotline

800.799.7233 or
text START to 88788

National Child Abuse

call or text 800.422.4453

YOUTH

National Runaway Safeline

call or text 800.786.2929

National Child Abuse

call or text 800.422.4453

FURS (Family Urgent Response System)

833.939.3877

(Current & former foster youth to age 21 & caregivers)

National Youth Crisis Hotline

800.843.5200

Boys Town National Hotline

800.448.3000 or

text VOICE to 20121

(Mental health/abuse/suicide)

Huckleberry Youth Crisis Line

415.621.2929

OTHER RESOURCES

Karma Club Teen.....415.847.2534

Trips for Kids Bay Area.....415.458.2986

All numbers require a "1" before dialing.

**GENDER IDENTITY/
SEXUAL ORIENTATION**

Trevor Lifeline

866.488.7386 or
text START to 678-678
(LGBTQ youth ages 13–24)

LGBTQ+ Hotline

988 then press 3

LGBT National Hotline

888.843.4564

Trans Lifeline

877.565.8860

**La línea directa
de Trans Lifeline**

877.565.8860

GRIEF

Buckelew Programs

415.499.1195

SUICIDE

**National Suicide
& Crisis Lifeline**

988

**National Suicide &
Crisis Lifeline Chat online**

🌐988lifeline.org/chat

**Línea 988 de Prevención
del Suicidio y Crisis**

988

**Linea de Prevención del
Suicidio**

888.628.9454

**Buckelew Programs
Suicide Prevention**

415.499.1100 or
text MARIN to 741741

HEALTH

Marin Humane Society

415.883.4621
(Animal bites & rabies control)

Marin Public Health

415.473.4163

Poison Control Center

800.222.1222

**AIDS Drug Assistance
Program (ADAP)**

415.473.3037

**HOSPITAL
EMERGENCY ROOMS**

**MarinHealth Medical
Center: Greenbrae**

415.925.7200

Novato Community Hospital

415.209.1300

**Kaiser Medical Center:
Richmond**

510.307.1500

**ALCOHOL/
SUBSTANCE ABUSE**

SAMHSA's National Helpline

800.662.4357

**Línea Nacional de Ayuda
de SAMHSA**

800.662.4357

California Addiction Hotline

866.210.1303

**Substance Abuse
National Helpline**

844.289.0879

Alcoholics Anonymous (AA)

415.674.1821
707.623.6702 (Spanish)

**Marin Al-Anon &
Alateen Programs**

415.455.4723

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