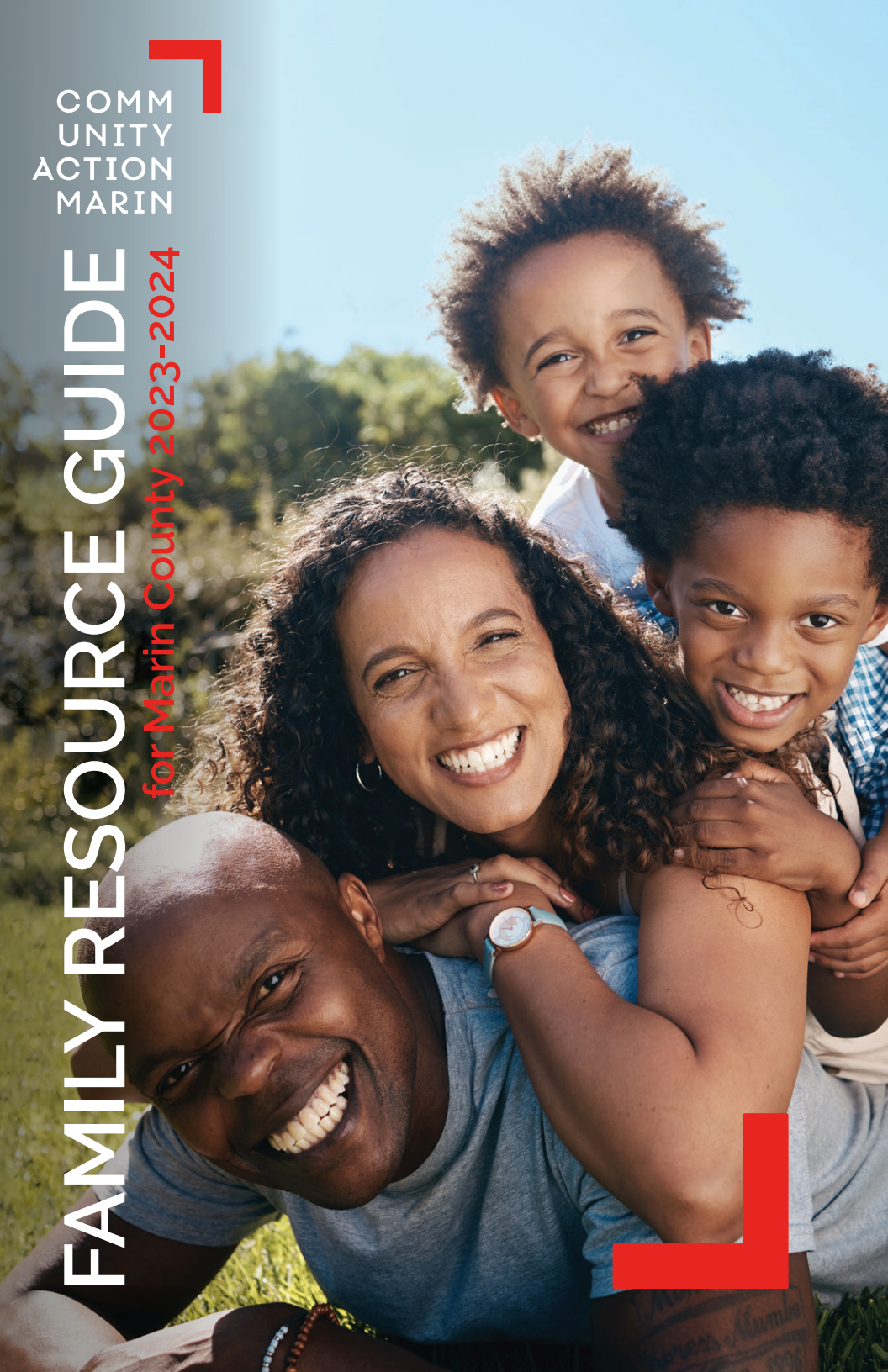


COMM
UNITY
ACTION
MARIN

FAMILY RESOURCE GUIDE

for Marin County 2023-2024



All of us in Marin
have an equal
opportunity to live
our lives with dignity
and respect.

Help promote equity and
alleviate poverty in Marin
by joining our community.
camarin.org/get-involved

TABLE OF CONTENTS



General Services	4
Early Intervention	7
Education (Adults & Children)	8
Childcare	11
Health Resources	12
Mental Health	14
Legal Services	16
Family Support	19
Food Resources	22
Emergency Shelter & Transitional Housing	27
Employment & Training	28
Housing	31
Housing Disputes	33
Treatment Programs (Drug & Alcohol)	34
Financial Assistance	36
Recreation	38
Transportation	40
Utilities	41
Immigration	42
Youth Services	43
Crisis Lines	44

All numbers require a "1" before dialing.

CONNECTING PEOPLE WITH COMMUNITY.

DEAR COMMUNITY,

Welcome to the 2023 Resource Guide for Marin County.

Every year, Community Action Marin publishes a curated guide to local resources for Marin residents. Compiled with a special focus on families and individuals with low incomes, we hope that this guide continues to play a vital role in connecting people with services.

Our goal is to help Marin residents thrive and build a stronger safety net of support among the various organizations and agencies serving our county.

Community Action Marin is a champion for lasting change. We make it possible for people in Marin to achieve well-being by providing the vital services they need. Together, we break down the barriers that get in the way of fair and lasting change in service to better outcomes for all.

We work year-round providing bundled programs to meet people where they are and help them reach their goals. It's a whole family approach, and it's our way of ensuring improved outcomes that center children, parents, older adults, and the community.

We know that we thrive in connection and are stronger together to help people and change lives.

CHANDRA ALEXANDRE
Chief Executive Officer

Services that Move People from Crisis to Thriving



Community Action Marin 415.526.7500
555 Northgate Drive, #201, San Rafael
✉ info@camarin.org 🌐 camarin.org/getservices



TABLE OF CONTENTS

General Services	4
Early Intervention	7
Education (Adults & Children)	8
Childcare	11
Health Resources	12
Mental Health	14
Legal Services	16
Family Support	19
Food Resources	22
Emergency Shelter & Transitional Housing	27
Employment & Training	28
Housing	31
Housing Disputes	33
Treatment Programs (Drug & Alcohol)	34
Financial Assistance	36
Recreation	38
Transportation	40
Utilities	41
Immigration	42
Youth Services	43
Crisis Lines	44

All numbers require a "1" before dialing.



GENERAL SERVICES

Canal Alliance

415.454.2640

91 Larkspur St., San Rafael

Mon-Fri 9am-5pm

canalalliance.org

- Support services for residents of the Canal neighborhood & help with basic needs
- Food pantry
- Housing support & rental assistance
- Healthcare referrals & mental health assistance
- Job search support & unemployment insurance applications
- Tax preparation services
- Immigration support & legal services
- University Prep (UPI) supports students to complete high school & prepare for a 4-year college degree
- English & citizenship classes
- Workforce training, small business workshops, & construction certification training program

North Marin Community Services

Wilson Avenue Center (Main Office)

415.892.1643

680 Wilson Ave., Novato

Mon-Fri 8am-5pm

Novato Boulevard Center

415.897.4147

1907 Novato Blvd., Novato

Mon-Fri 9:30-11:30am

& 1-4pm

info@northmarinc.org

northmarinc.org

- Employment resources & job referrals
- Emergency food & financial assistance
- Latino outreach & general services
- Childcare resources

Marin Center for Independent Living (CIL)

415.459.6245

710 Fourth St., San Rafael

Mon-Fri 9am-5pm

marincil.org

- Person centered planning & care coordination
- Housing preservation
- Advocacy & assistance
- Disaster relief

United Way

Bay Area

800.273.6222 or dial 211

Help Line Mon-Sun/24 hours/

Linea de ayuda 24 horas (Multiple Languages Available)

550 Kearny St., #1000,

San Francisco

contact@uwba.org

211bayarea.org

- The 2-1-1 Bay Area program is a comprehensive source of information & referral service that connects callers with local resources & services. The program supports all housing resources, mental health services, health, food, employment & training, legal services, utilities, & immigration
- Free Tax Program: for information go to uwba.org/freetaxhelp

Multicultural Center of Marin

415.526.2486

709 5th Ave., San Rafael

multiculturalmarin.org

- Services & resources for Marin County residents
- Self-empowerment programs
- Youth programs
- Arts & Culture Programs
- Environmental Advocacy
- Food Pantry

Ritter Center

415.457.8182

16 Ritter St., San Rafael

Mon-Fri 8:30am-4:30pm

rittercenter.org

- Referrals to shelters & other services (Mon & Tues only)
- Emergency clothing for people who are homeless (when clothing available)
- Day services for people who are homeless; laundry & public restrooms available from 8am-2pm. Call the day before for appointment, 415-457-8182 x120
- Medical providers available
- Psychotherapists available by appointment
- Financial Assistance only for single parents or people with disabilities when funding available
- Housing & rental assistance
- Food Pantry
- Mail available for people who are homeless & working with a case manager
- Mobile Van: Call for dates & locations

West Marin Community Services Resource Center

415.663.8361

11431 Hwy. 1, #10, Pt. Reyes Station
Call for days/hours

✉ info@westmarincommunityservices.org

📍 westmarincommunityservices.org

- Referrals based on need
- Food Pantry
- Latino engagement & outreach
- Energy/heat assistance
- Small car & home repairs
- Medical costs
- Waterdogs: Summer swim program for children 5 years of age & up
- Holiday program (gifts, food boxes, & Thanksgiving dinner)
- Vouchers for clothing & usable household items at West Marin Community Thrift

Vivalon (formerly Whistlestop) 415.456.9062

930 Tamalpais Ave.,
San Rafael, Mon-Fri 9am-5pm

✉ info@vivalon.org, 📍 vivalon.org

- Community resource referrals, programs & services for older adults & individuals with disabilities
- Rides to grocery stores, medical appointments, & other specialized transportation
- Home-delivered meals & Food Pantry
- Healthy aging classes & activities
- Technology training & devices

St. Vincent de Paul Society of Marin

415.454.3303

820 B St. (btwn. 2nd & 3rd streets),
San Rafael, Mon-Fri 9am-3pm

📍 vinnies.org

- Provides compassionate care & critical services to residents of Marin County who are struggling to make ends meet but are not receiving the help they need
- Free Dining Room
- Rapid Rehousing provides short-term rental assistance & services with a focus on individuals who are currently housed 415.454.3303 x11
- Homelessness Prevention: In partnership with chapters of Catholic parishes throughout the community who work directly with us
- Help Desk: Wed 1:30-3:30pm; helping unhoused individuals with shelter references, legal, car help, Marin County Community Court, & expungements

EARLY INTERVENTION

Marin County Office of Education Special Education Services

415.472.4110 (press 3)

1111 Las Gallinas Ave., San Rafael

✉ jcampbell@marinschools.org

📍 marinschools.org/Page/1522

- Early Start intervention program for infants & toddlers (0 to 36 months years of age) with special needs. Contact: Tracy Totman, Early Start Coordinator 415.491.6631 or ✉ ttotman@marinschools.org
- Early Intervention program offers a variety of learning experiences for preschool-aged children (3 to 5 years of age) who require special education services geared to their special needs
- Go to marinschools.org/Page/1522 for other special needs programs

California Children's Services (CCS)

415.499.6877

3240 Kerner Blvd., San Rafael
Mon-Fri 8am-5pm

📍 dhcs.ca.gov/services/ccs

- State public health program that provides diagnostic & treatment services, medical case management, & physical & occupational therapy services to children with eligible medical conditions
- Serves children 0 to 21 years of age

Matrix Parent Network

415.884.3535

2400 Las Gallinas Ave.,

#100, San Rafael

Mon-Fri 9am-5pm

📍 matrixparents.org

- Helpline: 800.578.2592 (English & Spanish)
Mon-Thurs 9am-2pm,
✉ helpline@matrixparents.org
- Assistance to families of children 0 to 26 years of age with special needs or disabilities
- Advocacy information & resources in English & Spanish
- Prevention resource referral service for at risk children 0 to 3 years of age
- Parent support groups
- Parent workshops, trainings, & webinars on the website

Golden Gate Regional Center

415.446.3000

4000 Civic Center Dr., #310,
San Rafael

Mon-Fri 8am-5pm

(by appointment only)

📍 ggrc.org

- State & federally funded program that provides services & support for infants/toddlers (0 to 36 months), children, & individuals with developmental disabilities
- Adult age services

EDUCATION (ADULTS & CHILDREN)

College of Marin

415.457.8811

Kentfield Campus,
835 College Ave

415.457.8811

Indian Valley Campus,
1800 Ignacio Blvd., Novato

415.883.2211

📍 marin.edu

WELCOME CENTER & STUDENT AMBASSADOR SUPPORT

- 415.457.8811 x7860
- ✉ welcome@marin.edu
- 🌐 ss.marin.edu/welcome
- Credit classes to earn associate degree or transferable credits to a 4 year college
- Free EOPS study program
- Free ESL classes, non-credit
- English classes, credit
- Community Education non-credit classes for personal enjoyment
- Counseling for students enrolling in credit classes
- Free tutoring for academic classes
- College Credit Program (concurrent enrollment for high school students)

10,000 Degrees

415.459.4240

1401 Los Gamos Dr., #205,
San Rafael

✉ info@10000degrees.org

🌐 10000degrees.org

- Support services & assistance for low income & first generation college-bound students to get into college, stay in college, & support after college
- Scholarships with no GPA or test score requirements
- College & financial aid advising, navigation, & management
- Community college transfer support
- College & graduate readiness

Canal Alliance

415.454.2640

91 Larkspur St., San Rafael
Mon-Fri 9am-5pm

🌐 canalalliance.org/services/graduate-from-college

- University Prep (UP!) supports students to prepare for & complete a four-year college degree
- UP! offers an afterschool program for grades 6 through 12 that provides tutoring, homework help, academic workshops, & counseling to prepare students to graduate from high school ready for college, including applying for colleges

Marin County Office of Education Special Education Services

415.472.4110 (press 3)

1111 Las Gallinas Ave., San Rafael
Mon-Fri 8am-4pm

🌐 marinschools.org/Page/1522

- Operates 35 Special Day Classes on 20 different school sites throughout Marin County for students with mild to moderate support needs, extensive support needs, & low incidence disabilities
- Provides services to students in their home school setting with low incidence disabilities, including hearing loss and/or vision impairments (3 to 22 years of age)
- Provides early intervention programs for infants/toddlers (0 to 3 years of age) & preschool aged children (3 to 5 years of age) with special needs
- Self-contained classes with specialized academic instruction for children & students with extensive support needs & autism (ages 3 to 22 years of age)
- Therapeutic treatment programs for students with social-emotional & behavioral needs (grades kindergarten to 12)



OTHER RESOURCES

Community Action Marin **415.526.7500**

North Marin Community Services **415.897.4147**

(Positive Parenting Counseling (Triple P); Budgeting & Financial Coaching (Your Money, Your Goals); Information about Immigrant Rights/Public Charge)

PUBLIC LIBRARIES

Marin City Library , 164 Donahue St.	415.332.6158
San Rafael Downtown Library , 1100 E St. (at 5th Ave.)	415.485.3323
San Rafael Northgate Library , 5800 Northgate Dr.	415.890.5670
Novato Library , 1720 Novato Blvd.	415.473.2050
South Novato Library , 931 C St.	415.506.3165
Pt. Reyes Station Library , 11431 State Route One	415.663.8375
Mill Valley Library , 375 Throckmorton Ave.	415.389.4292
Sausalito Library , 420 Litho St. (City Hall Bldg.)	415.289.4121
San Anselmo Library , 110 Tunstead Ave.	415.258.4656
Larkspur Library , 400 Magnolia Ave.	415.927.5005
Civic Center Library , 3501 Civic Center Dr., #427, San Rafael. . .	415.473.6057
Ann T. Kent California Room (local/state history by appointment only), 3501 Civic Center Dr., #427, San Rafael	415.473.7419
Corte Madera Library , 707 Meadowsweet Dr.	415.924.3515
Fairfax Library , 2097 Sir Francis Drake Blvd.	415.453.8151
Inverness Library , 15 Park Ave.	415.669.1288
Stinson Beach Library , 3521 Shoreline Highway	415.868.0252
Bolinas Library , 14 Wharf Rd.	415.868.1171
Belvedere-Tiburon Library , 1501 Tiburon Blvd., Tiburon	415.789.2665
Pickleweed Library , 50 Canal St., San Rafael	415.485.3483
Bookmobile	415.473.7544
Marin Public Library for Kids	📧 marinlibrary.org/kids
Marin Public Library for Teens	📧 marinlibrary.org/teens

ENGLISH AS A SECOND LANGUAGE

Canal Alliance	415.306.0474 📧 canalalliance.org/services/learn-english
West Marin Literacy Program	415.663.1849 📧 marinlibrary.org/west-marin-literacy-services
Vivalon Senior Center	415.456.9062 📧 vivalon.org/calendar/category/language
College of Marin ESL Office	415.485.9642

CHILD CARE

Marin Child Care Council

415.472.1092

555 Northgate Dr., #105, San Rafael

Mon-Fri 9am-3pm

📧 jody@mc3.org

📍 mc3.org

- Childcare subsidies (vouchers for eligible families). Apply online
- Childcare resource & referral assistance finding care
- Workshops, training, & coaching for childcare providers

College of Marin Childcare Centers

415.457.8811 x7468

Kentfield Campus,

835 College Ave.

Indian Valley Campus,

1800 Ignacio Blvd., Novato

📍 marin.edu

WELCOME CENTER & STUDENT

AMBASSADOR SUPPORT

- 415.457.8811 x7860
- 📧 welcome@marin.edu
- 📍 ss.marin.edu/welcome
- ESL Office 415.485.9642
- Help for interested or new students getting into college
- English & Spanish

OTHER CHILDCARE RESOURCES

North Marin Community Services	415.892.1643
United Way Bay Area	800.273.6222 or dial 211

Community Action Marin

415.526.7583

555 Northgate Dr., #201, San Rafael

Mon-Fri 9am-5pm

📧 enrollment@camarin.org

📍 camarin.org/getservices

CHILDREN & FAMILY SERVICES

- High quality early learning: infant, toddler, preschool, & school age programs
- Serves expectant families & families with children 0 to 8 years of age who qualify for the program
- Classrooms, family childcare homes, & home visiting programs throughout Marin County
- Full-day, full-year program
- Free or low cost to families who qualify for the program

Pickleweed Children's Center

415.485.3101

40 Canal St., San Rafael

State-funded, part-day preschool program that readies low-income children for their first year of elementary school

- For children between kindergarten & fifth grade
- Serves children from the Canal District in San Rafael
- Contact the center for eligibility requirements & an application



HEALTH RESOURCES

Marin Health & Wellness Connection Center

415.473.4300 (English & Spanish)
3240 Kerner Blvd., San Rafael
Mon-Fri 8am-Noon & 1-4:00pm
📍 marinhhs.org/connection-center

Marin County Child Health & Disability Prevention Program (CHDP)

415.473.7472
3240 Kerner Blvd., San Rafael
Mon-Fri 8am-5pm
📍 dhcs.ca.gov/services/chdp

Provides assistance in finding a doctor or clinic that offers free health screenings, check-ups & immunizations



Marin City Health & Wellness Center

415.339.8813
630 Drake Ave., Sausalito
Mon-Fri 8am-12:30pm & 1:30-5pm
✉ info@marincityclinic.org
📍 marincityclinic.org

- Family Practice, Women's Health, Children's Services, Cancer Screening, Wellness Checks
- Dental Clinic

MarinHealth Medical Center

415.925.7000
250 Bon Air Rd., Greenbrae
Mon-Sun/24 Hour Emergency
📍 mymarinhealth.org

- Marin's only full-service, non-profit, acute care hospital
- Surgery, physical therapy, level III trauma center, emergency room & labor/delivery unit
- Accepts Medi-Cal, Medicare, CPSP, Healthy Families, private insurance
- Physician Referral Line 888.996.9644

Marin Community Clinics

415.448.1500 (English & Spanish)
Call for days & hours
✉ info@marinclinics.org
📍 marinclinic.org

- Low cost medical & dental care for the whole family
- Accepts Medi-Cal, CPSP & CHDP
- Call to schedule a telephone or in-person visit
- English, Spanish, & Vietnamese

LOCATIONS

- Larkspur, 5 Bon Air Rd., Bldg D, #117
- Novato
 - Novato North, 6100 Redwood Blvd.
 - Novato South (includes Dental), 6090 Redwood Blvd.
- San Rafael
 - 3110 Kerner Blvd.
 - 3260 Kerner Blvd.

Coastal Health Alliance

415.663.8666 (English & Spanish)
Call Center Mon-Fri 7am-8pm & Sat/Sun 8am-4:30pm
📍 coastalhealthalliance.org

- Provides high quality primary medical care services for West Marin residents including men, women, & children, regardless of ability to pay
- Low-cost primary health care including same day care, lab services, breast exams, prenatal/obstetrical, and referral to specialty care
- Chronic disease management for diabetes, hypertension, & asthma services
- Comprehensive dental care

LOCATIONS

- Bolinas, 88 Mesa Road, Mon, Wed & Thurs 8:30am-12:30pm & 1:30-5pm
- Pt. Reyes Station, 3 Sixth St., Mon-Fri 8:30am-12:30pm & 1:30-5pm, Sat 8:30am-1pm
- Coastal Health Alliance (Dental), 65 Third St., #13, Pt. Reyes Station, Mon-Fri 8:30am-5pm, 415.787.1123

OTHER HEALTH RESOURCES

Marin County Dental Care Foundation & Marin County Dental Society **415.472.7974**

The Spahr Center **415.457.2487**

Marin County WIC **415.499.6889**

North Marin Community Services **415.892.1643**
(Novato Teen Clinic: Free, confidential reproductive & brief behavioral health care for youth 12 to 25 years of age; great team of Peer Health Promoters.)

MENTAL HEALTH

CalHOPE 833.317.4673

Mon-Sun/24 hours

📞 calhope.org

- Online Chat service & Warmline that provides emotional support & resources to individuals experiencing stress, anxiety, & depression
- Chat service available Mon-Sun 8am to midnight. Multiple languages
- See website for other support services

Marin County Behavioral Health & Recovery Services

250 Bon Air, Greenbrae

📞 marinbhhs.org

- Access Phone 888.818.1115 (for psychiatric appointments)
- Crisis Stabilization 415.473.6666 or 415.499.6830 (Mon-Sun/24 hours)
- Mobile Crisis Response Team 415.473.6392

NAMI Marin

415.444.0480

555 Northgate Dr., #101, San Rafael

📞 namimarin.org

- Family-to-Family Education Program: 12-week course for family members, partners, & friends with a loved one with mental illness
- Reservations required
- For more information & to sign up, call 415.444.0480



North Marin Community Services

Wilson Avenue Center

(Main Office)

415.892.1643

680 Wilson Ave., Novato

Mon-Fri 8am-5pm

Novato Boulevard Center

415.897.4147

1907 Novato Blvd., Novato

Mon-Fri 9:30-11:30am

& 1-4pm

✉ info@northmarincs.org

📞 northmarincs.org

- Individual, child, adolescent, family counseling, Spanish spoken
- Low fee sliding scale
- MediCal accepted upon referral from Marin County BHRS
- Promotores Program: Community Health Advocates from 8 different Latin American countries who speak English, Spanish, Mayan, & Quiché provide outreach, education & 1:1 emotional support related to Substance Use/Mental Health Prevention & Early Intervention
 - Newcomer Groups & Student Support
 - Workshops & ELAC Presentations: underage drinking & marijuana use; mental health



OTHER MENTAL HEALTH RESOURCES

United Way Bay Area	800.273.6222 or dial 211
Canal Alliance	415.454.2640
Ritter House	415.457.8182
Buckelew Programs	415.457.6964
Integrated Community Services	415.455.8481
Postpartum Support Center	415.320.6707

LEGAL SERVICES

Family & Children's Law Center

415.492.9230

1401 Los Gatos Dr., #200,
San Rafael

Mon-Thurs 9am-noon & 1-5pm,
Fri (by appointment only)

✉ info@facclmarin.org

🌐 facclmarin.org

- Appointments available in English & Spanish
- Family Law: divorce, child custody, child support, parentage (for unmarried couples at the time of child birth), step-parent adoption, guardianship, spousal/partner support, domestic violence restraining orders, & name/gender changes
- Child Law: Special immigrant juvenile status & emancipation
- Sliding fee scale for Marin County cases

Vivalon

(formerly Whistlestop)

415.456.9062

930 Tamalpais Ave., San Rafael
Mon-Fri 9am-5pm

🌐 vivalon.org/services

- Legal advice & referrals
- Estate planning resources

Marin County District Attorney Victim/Witness Assistance Program

415.473.6450

3501 Civic Center Dr., #145,
San Rafael, Mon-Fri 8am-noon
& 1-4pm

🌐 marincountyda.org/service/victim-witness-assistance

- Provides a variety of services & support to crime victims, witnesses, & their families
- Legal residency is not required

SERVICES

- Filing claims for compensation through the California Victims Compensation Program
- Resource & referral service
- Court escort
- Relocation, home security, & funeral/burial arrangements assistance
- Assistance with Victim Impact Statement & restitution

Marin County District Attorney Consumer Protection Unit

415.473.6495

3501 Civic Center Dr. #145,
San Rafael

Mon-Fri 8am-noon & 1-4pm

🌐 marincountyda.org/service/consumer-protection-unit

- Protects the public, prosecutes violators, & prevents future violations of consumer & environmental activities
- English & Spanish speaking help available
- Handles consumer/vendor disputes, mediation, education of both consumers & retailers, & is a public resource for consumer rights information
- Outreach programs educate individuals & seniors on current trends of consumer fraud & how to avoid them. Provides speakers at community events upon request
- Provides service regarding landlord/tenant/neighborhood housing disputes & family violence issues

Marin County Superior Court

415.444.7040

Civic Center Hall of Justice,
3501 Civic Center Dr, San Rafael
Mon-Fri 8am-4pm

🌐 marin.courts.ca.gov

Centro Legal De La Raza

510.437.1554

3400 E. 12th St., Oakland

✉ info@centrolegal.org

🌐 centrolegal.org

- Legal services agency protecting & advancing the rights of low-income, immigrant, Black, & Latinx communities through bilingual legal representation, education, & advocacy
- Marin County residents can only receive service for Immigration & Workers' Rights

Marin County Superior Court: Small Claims

415.444.7130

Civic Center Hall of Justice,
3501 Civic Center Dr., Room 113,
San Rafael

Mon-Fri 8am-noon & 1-4pm

🌐 marin.courts.ca.gov/small-claims

- Individuals represent themselves in court. No attorneys are allowed
- Limits to financial compensation
- Advice is provided through Legal Self Help Center Marin
- 🌐 marin.courts.ca.gov/departments/small-claims/small-claims-advisor

Legal Aid of Marin

415.492.0230

1401 Los Gamos Dr., #101,
San Rafael

Mon-Thurs 9am-12:30pm
& 1:30-5pm

📞 legalaidmarin.org

Legal services for low-income
Marin residents

HOUSING LAW

- Eviction defense
- Habitability complaints
- Tenant organizing (Tenant Associations) & education
- Security deposit recovery
- Homelessness prevention

EMPLOYMENT LAW

- Minimum wage, overtime, & break enforcement
- Employment discrimination
- Wrongful termination
- Improper payroll deductions

ELDER LAW

- Educate & advise older adults (60+ years old)
- Basic trust & estate issues
- Advanced health care directives
- Elder financial abuse, which includes prevention of investment & financial fraud
- Older adults may also receive extra assistance to assert or defend their rights in Small Claims court through the Marin Pro Bono Network

MARIN COMMUNITY COURT

- Assists homeless defendants, & others living at society's margins, in the participation of the Community Court process

- Misdemeanors, DUI or criminal matters are currently not eligible
- Minor infractions: jaywalking, sleeping in public parks

Marin County Superior Court: Legal Self Help Center

415.444.7130

Civic Center Hall of Justice,
3501 Civic Center Dr., Room C-44,
San Rafael

📞 marin.courts.ca.gov/legal-self-help-center

- Free legal self-help services available to public in English & Spanish
- Go to website for Center hours & more information

Marin County Child Support Services

866.901.3212

88 Rowland Way, #200, Novato
Mon-Fri 8:30am-4pm

📞 marincounty.org/depts/cs

- One-time annual fee \$35.00 in all matters of child support & paternity
- Establishes paternity, enforces & obtains child support & medical insurance orders
- Collection & distribution of child support payments

OTHER LEGAL RESOURCES

United Way Bay Area
800.273.6222 or dial 211

FAMILY SUPPORT

Buckelew Programs

415.457.6964

201 Alameda del Prado,
#103, Novato

✉ info@buckelew.org

📞 buckelew.org

- Parent, child, adolescent, family counseling – Spanish spoken
- Low fee sliding scale
- Substance abuse & recovery issues
- Supportive housing
- Independent living
- Employment services
- Suicide hotline & prevention

The Spahr Center

415.457.2487

150 Nellen Ave., #100,
Corte Madera

Mon-Fri 10am-4pm &
by appointment

📞 thespahrcenter.org

- Serving, supporting, & empowering Marin's LGBTQ+ & HIV communities
- Non-medical support services for HIV+ people including case management & financial assistance
- Community programs, support groups, & individual therapy for LGBTQ+ community members
- Harm reduction outreach for people using substances
- Training on LGBTQ+, HIV, & harm reduction issues

Wellify Teen

415.847.2534

3 Ross Common, #5, Ross
Contact: Sally Newson

✉ sally@wellifyteen.org

📞 wellifyteen.org

- Non-profit Wellify Teen's new Wellify4Teens app (free on Apple & Google stores) empowers underserved Marin County teens & their families to identify & access the help they need
- The app includes a quick screener for insights into mental health issues, a self-care toolkit to learn & practice DBT & CBT coping skills, & a comprehensive online resource guide including resources for crisis care, therapy, suicide prevention, serious mental conditions, parent support, & more

Community Institute for Psychotherapy

415.459.5999

1330 Lincoln Ave., #201, San Rafael
Mon-Fri 8am-5pm

Administrative Mon-Fri 9am-6pm

Clinic Mon-Sat 8am-7pm

📞 cipmarin.org

- Low fee sliding scale
- Counseling for individuals, families, couples, children, adolescents, & groups. Spanish spoken
- Play therapy & eating disorders program
- Psychological testing (not for legal cases). For appointments call 415.459.5999 x102



Integrated Community Services (ICS)

415.455.8481

523 4th Street, #100, San Rafael
Mon-Fri 9am-5pm;

Contact: Keira Pelletier,

✉ keira@connectics.org

📍 connectics.org

Forges partnerships between individuals with disabilities & our community to create a diverse & inclusive place for all

SERVICES

- Employment: resume development, job searching, interviewing, job coaching
- Job Training: skill building at different work sites throughout Marin
- Living Skills: housing support plus social, domestic, financial, transportation, skill building
- Mental Health: partnership with individuals enrolled in Marin County Behavioral Health & Recovery Services

Gilead House

415.895.5575

Seventh Street Center

(Main Campus & Gilead House Office)

1024 7th Street, Novato

Leafwood Center

1310 Leafwood Dr., Novato

Mon-Thurs 9am-4pm

📍 gileadhouse.org

- Gilead House offers hope to women & children in need, providing transitional housing, education, & therapeutic

support that leads to independence & a future filled with purpose

- The women & children are provided a stable, positive place to live with their own bed & a steady routine to transform their lives

Postpartum Support Center (PPSC)

415.320.6707

Peer Support Help Line

(call or text Mon-Sun, 9am-9pm)

✉ info@postpartumsc.org

📍 postpartumsc.org

- Offers a comprehensive support system through services & programs to Marin County, low-income expectant & new parents, mothers, fathers, & families to prevent & help overcome the mental & physical challenges created by childbirth
- Free peer support via phone call, text, chat, support group, or in-person
- ROSE Program teaches skills & provides information & resources to lower the risk of postpartum depression. Offered in English & Spanish
- Marin Diaper Bank provides children living in poverty with diapers, clothing, & basic infant necessities. Free to low-income Marin County pregnant people, parents, grandparents, & legal guardians of children 0 to 5 years of age by application only
- Provides information, resources, referrals, self-screening mental health assessments, & advocacy

Center for Domestic Peace

415.924.6616

Mon-Sun/24 hours/Linea directa las 24 horas (English & Spanish)

734 A St., San Rafael

Mon-Fri 9am-5pm

📍 centerfordomesticpeace.org

- Appointments, Intakes, or Emergency Shelter 415.924.6616
- Man Kind Hotline (24 hr) 415.457.6760
- Youth Services Program (ages 13-24 text line) 415.526.2557
- Services for survivors of domestic violence
- Support for women dealing with domestic violence
- Short & long term shelters for women & children victims of domestic violence
- Re-education classes for batterers
- Transitional housing

Community Action Marin

415.526.7500

555 Northgate Drive, San Rafael

Mon-Fri 8am-5pm

✉ info@camarin.org

📍 camarin.org

The agency's Whole Family Approach is designed to ensure improved outcomes & strengthen well-being

Family Works

415.492.0720

365 Bel Marin Keys, #100, Novato

✉ info@familyworks.org

📍 familyworks.org

- Provides independent living skills & parenting support services for adults with disabilities
- Independent Living Skills (ILS) motivate individuals to enhance their social skills & their interactions with their families, work environment, & community resources at large
- Employment readiness
- Development of social support systems
- Health promotion & exercise
- Access to community resources
- Parenting Support Services (PSS) enhance each parent's ability to promote their own & their children's cognitive, emotional, physical, & social development
- Behavior management & positive discipline using the Positive Parent Program or "Triple P"
- Stress reduction
- Family nutrition & exercise
- Financial management & budgeting
- Transportation skills

OTHER FAMILY SUPPORT RESOURCES

North Marin Community Services **415.897.4147**
(Public Benefits enrollment support, linkage, & referrals to other organizations)

Child Therapy Institute of Marin (Sliding Scale Agency) **415.456.7724**

Marin Family Therapy Center (Sliding Scale Agency) **415.892.0764**

St. Vincent School for Boys (Sliding Scale Agency) **415.507.2000**



FOOD RESOURCES

FOOD PANTRIES

(Distribution Hours Change Frequently: Call to Confirm Opening Times).

SAN RAFAEL

Canal Alliance..... **415.454.2640**
91 Larkspur St., Tues 8-10:30am

Reach (Salvation Army Program) **415.459.4520**
351 Mission Ave., Tues 10-11am

Ritter Center **415.457.8182**
16 Ritter St., Mon-Fri 8:30am-noon & 1-4:30pm

Multicultural Center **415.526.2486**
3240 Kerner Blvd., Sat 8:30-10am

MCC Health Hub, **415.755.2556**
3110 Kerner Blvd., Wed 1-3:30pm

Anthem Church **415.479.4700**
50 Los Ranchitos Rd., Sat 7:45-8:45am

Brown Bag Pantry (Vivalon) **415.456.9062**
930 Tamalpais Ave., Fri 10-11am

NOVATO

North Marin Community Services **415.897.4147**
1907 Novato Blvd., Tue 1-3pm

MCC Health Hub. **415.755.2556**
6100 Redwood Blvd., Thurs noon-3:30pm

Loaves & Fishes Food Pantry (St. Anthony of Padua Catholic Parish)
1000 Cambridge St., Mon 1-6pm (Starts June 15 2023)..... **415.883.2177**

NBCC Garden of Eatin' **415.883.6222**
932 C St., Sat 8-9am

WEST MARIN

West Marin Community Services **415.663.8361**
11431 Hwy. 1, Pt. Reyes Station, Mon, Wed, Fri 9am-1pm &
Tues, Thurs 1-5pm

San Geronimo Valley Community Center **415.488.8888** (press 3)
6350 Sir Francis Drake Blvd., Mon 9am-5pm & Thurs 2-5pm

• **Drive-through Food Pantry open in the San Geronimo**

• **Commons parking lot**, 5800 Sir Francis Drake Blvd.,
San Geronimo, Thurs 11am-2pm

Tomales Town Hall **707.878.2006**
27150 Shoreline Hwy., Thurs 2-2:45pm

FAIRFAX

Fairfax Community Church **415.295.2233**
2398 Sir Francis Drake Blvd., Sat 8:30-10:30am

BOLINAS

Bolinas Community Inc. **415.868.2128**
14 Wharf Rd., Thurs 11am-1pm

SAUSALITO/MARIN CITY

Cornerstone Community Church **415.332.4295**
626 Drake Ave., Sausalito, Sat 8-9am

Marguerita Johnson Senior Center **415.332.9323**
640 Drake Ave., Sausalito, Mon 10-11:30am

St. Andrew Presbyterian Church **415.332.1011**
101 Donahue St., Sausalito, Mon 10:30am-12 Noon

The Peoples Inter-Cities Fellowship **415.332.5305**
639 Drake Ave., Sausalito, Thurs 1-3pm

TIBURON/BELVEDERE

Hilarita Community Pantry. **415.435.4450**
100 Neds Way, Tues 4-5:30pm

POP-UP FOOD PANTRIES

Check schedules at sfmfoodbank.org/find-food

• **Canal Community Pop-up**
50 Canal St., San Rafael, Tues 9-11am

• **Mill Valley Pop-up**
410 Sycamore Ave., Mill Valley Tues 10-11:30am

• **Kerner Drive-Thru**
2550 Kerner Blvd., San Rafael (near Target/Home Depot)
Sat 10am-1pm **415.755.2556**

Marin County WIC – Supplemental Nutrition Program for Women, Infants, & Children

877.410.8817

✉ marincountywic@marincounty.org

marincounty.org

📍 marinhhs.org/wic

- Supplemental food & nutrition program for low-income pregnant, breastfeeding, & postpartum women & children 0 to 5 years of age who have a nutritional risk
- Nutrition education, breastfeeding promotion, community resources, healthcare referrals, & specific supplemental nutritious foods which are high in protein and/or iron
- Provides checks or vouchers to purchase specific foods each month

LOCATIONS

- Marin Health & Wellness Campus, 3250 Kerner Blvd., San Rafael, Mon-Fri 8am-5pm & 2nd & 4th Tues 5-7pm
- Marin City Health & Wellness Center, 630 Drake Ave., Marin City, 1st Fri 1:30pm 5pm & 3rd Fri 8:30am-noon
- 1682 Novato Blvd., Ste. 102, Novato, Wed & Fri 8am-noon & 1-4:30pm
- West Marin Health & Human Services, 1 Sixth St., Pt. Reyes Station, 3rd Thurs 8am-noon & 1-4:30pm

ExtraFood **415.997.9830**

907 Sir Francis Drake Blvd.,
Kentfield

✉ contact@extrafood.org

📍 extrafood.org

- ExtraFood's mission is to end hunger & wasted food in the North Bay through food recovery programs
- ExtraFood rescues excess fresh food from any North Bay business or school & immediately delivers the food to non-profit distribution partners serving our community's most vulnerable children, seniors, & families
- Through gleaning programs, we pick up and/or harvest fruits & vegetables from backyards, gardens, & farms to deliver to people facing hunger
- Community Meals program receives surplus meals from restaurants & caterers and delivers to people who need it the most
- SOUPer Food Kitchen takes rescued food items from various food donors & turns them into healthy & nutritious soups, stews, & broths to donate to people facing food insecurity in the community

Community Action Marin

415.526.7500

555 Northgate Dr., #201,

San Rafael, Mon-Fri 9am-5pm

📍 camarin.org/getservices

FOOD JUSTICE

- Emergency Food Boxes, implemented in partnership with the San Francisco-Marin Food Bank, provide a three-day supply of non-perishable food for individuals & families
- Help with CalFresh application so individuals can receive a monthly food subsidy on a debit card & use it to purchase groceries from participating grocery stores & farmer's markets
- Senior congregate meals provided to those aged 60+ at four locations in Marin. For more information & to make a reservation, call 415.473.4636

OTHER FOOD RESOURCES

St. Vincent de Paul Society of Marin **415.454.3303**

(free dining room), 820 B St, San Rafael, Mon-Sun Breakfast 7-8am & Lunch 11am-1pm

Meals on Wheels (Vivalon) **415.473.4636**

(Home delivered meals for 60+ & home bound people/suggested contribution \$3.50/meal)

Nourish (Vivalon) **415.456.9062**

(Home delivered meals for people with chronic health conditions/suggested contribution \$3.50/meal)

Jackson Cafe (Vivalon) **415.456.9062**

(Eat-In or take-out affordable meals), 930 Tamalpais Ave., San Rafael, Mon-Fri 11:30am-2pm

United Way Bay Area **800.273.6222 or dial 211**

(Emergency Food Access)

North Marin Community Services **415.897.4147**

(Non-perishable emergency food/backpacks for homeless individuals/families; CalFresh enrollment)

Marin County CalFRESH

(Food Stamps Program)

877.410.8817

📍 marinhhs.org/calfresh-snap

- Food program providing monthly food benefits that can be used to buy most foods at participating grocery stores & farmers markets
- CalFRESH is for low-income individuals & families who meet eligibility requirements

LOCATIONS

- Marin Health & Human Services, 120 North Redwood Dr, San Rafael, Mon-Fri 8am-noon & 1-4:30pm, 415.473.3400
- 3240 Kerner Blvd., San Rafael, Mon-Fri 8am-4:30pm
- West Marin Health & Human Services, 1 Sixth St., Pt. Reyes Station, Mon-Fri 9am-noon & 1-5pm, 415.663.8231

Farmers Markets

(May to Oct unless noted)

Novato	415.999.5635
1707 Grant Ave. at 7th St. (behind CVS), Tues 4-8pm, May 2-Oct 31	
San Rafael Civic Center	415.472.6100
10 Ave. of the Flags, Thurs 8am-1pm, year-round	
San Rafael Civic Center	415.472.6100
3501 Civic Center Dr., Sun 8am-1pm, year-round	
Fairfax, Bolinas Park ,	415.999.5635
142 Bolinas Rd., Wed 4-8pm, May 3-Oct 25	
Mill Valley	415.382.7846
759 E. Blithedale Ave., (CVS parking lot), Fri 9:30am-2:30pm, year-round	
Corte Madera Town Center Courtyard	415.382.7846
Hwy 101 at Tamalpais Ave., Wed 12-5pm, year-round	
Pt. Reyes Station, Toby's Feed Barn	415.456.0147
11250 Highway 1, Sat 9am-2pm, June 10-Nov 4	
Rohnert Park	415.999.5635
500 City Center Dr (next to the Library), Fri 5-8pm, June 2-Aug 31	



EMERGENCY SHELTER & TRANSITIONAL HOUSING

Homeward Bound of Marin

415.382.3363

1385 N. Hamilton Pkwy., Novato

✉ info@hbofm.org

🌐 hbofm.org

- Provides emergency shelter for adults, families & veterans
- Transitional to long term supportive housing

OTHER TRANSITIONAL HOUSING RESOURCES

St. Vincent de Paul Society of Marin	415.454.3303
Gilead House	415.895.5575
Ritter Center	415.457.8182
Center for Domestic Peace	415.924.6616





EMPLOYMENT & TRAINING

Employment Development Department (EDD)

800.300.5616 (English)
800.326.8937 (Spanish)
📍 edd.ca.gov

- No EDD office in Marin County. Call or go to website for closest office to you
- Administers Unemployment Insurance, Disability Insurance, & Paid Family Leave programs
- Provides employment service programs

Community Action Marin

415.526.7500
555 Northgate Dr, #201,
San Rafael, Mon-Fri 9am-5pm
📍 camarin.org/getservices

ECONOMIC JUSTICE

- Career coaches help people plan for a job change, enroll in training, develop resumes & cover letters, practice interviewing, secure interview-appropriate clothing, search for job openings, & submit job applications
- Career & workforce training programs include a Driver Academy, Associate Teacher Apprenticeship, & Workforce Accelerator program with training & skill building in a career of choice

CareerPoint Marin

415.966.0860
809 Lincoln Ave., San Rafael
Tues & Thurs 8am-5pm
✉ marinajcc@careerpointnorthbay.org
📍 workforcealliancenorthbay.org

- Serving the employer & job seekers' community
- Services available in English, Spanish, & sometimes Vietnamese
- Job listings & vocational counseling
- Job-seeking skills training program & vocational training
- Will refer for limited English language employment programs & ESL
- CalJOBS Internet database & Job Central for clients to view job listings & put resumes online
- For full range of job search workshops go to website

Vivalon

(formerly Whistlestop)
415.456.9062
930 Tamalpais Ave, San Rafael
Mon-Fri 9am-5pm
📍 vivalon.org/classes

- Healthy aging classes & activities for older adults & individuals with disabilities
- Falls prevention programs
- Technology training & devices
- Estate planning programs

Marin County Employment Assistance

415.473.3350
120 N. Redwood Dr., San Rafael
Mon-Fri 8am-noon & 1-4:30pm
✉ sparr@marincounty.org
📍 marinhhs.org/employment-training-branch

An array of education, employment & vocational training programs for Marin county residents including:

- CalWORKs Employment Services
- CalFRESH Employment & Training Program
- General Relief Employment Program

Conservation Corps Northbay

415.454.4554
27 Larkspur St., San Rafael
Mon-Fri 8:30am-5pm
11 Pimentel Ct., Novato
📍 ccnorthbay.org

- Land conservation work
- Firefighting program
- Recycling program
- Paid on the job training for 18 to 25 years of age
- Offers GED, ESL

YWCA

415.479.9922
1557 Fourth St., San Rafael
📍 yourywca.org/employment-programs

- Free employment support services:
 - 18+ for Women, She Thrives Program
 - 50+ for Women
 - 60+ Marin Residents, all genders
- Bloom Marin (📍 bloommarin.org) provides complimentary clothing to men, women, & children transitioning to a life of self-reliance
- Register in advance for classes, call 415.479.9922
- Virtual orientations Mon 1pm
- Job clubs & employer forums
- Comprehensive workshops & 60 minute Express Workshops
- Extensive computer training on Microsoft Suite & numerous other programs
- One-on-one client employment coaching & support
- Entrepreneurship program provides core training on the basics of entrepreneurship, plus connections with others in your field

OTHER EMPLOYMENT & TRAINING RESOURCES:

Marin Center for Independent Living (CIL) **415.459.6245**
United Way Bay Area **800.273.6222 or dial 211**
Buckleup Programs **415.457.6964**
Integrated Community Services (ICS) **415.455.8481**
North Marin Community Services **415.897.4147**
(Job search support & referrals to jobs programs)

Homeward Bound of Marin Fresh Starts Culinary Academy

415.382.3363

1385 N. Hamilton Pkwy., Novato

📍 hbofm.org/about-homeward-bound-of-marin/fresh-starts-culinary-academy/

Fresh Starts Culinary Academy is Homeward Bound's flagship job-training program, serving low-income students from the community & Homeward Bound residents.



Marin County Office of Education (MCOE)

415.472.4110

1111 Las Gallinas Ave., San Rafael

Contact: Anna Khachatryan, Senior Administrative Secretary for College & Career Readiness (CCR), 415.491.6639

✉ akhachatryan@marin.schools.org

📍 marinschools.org

Free vocational training for High School Students in:

- Automotive Technology
- Car Appreciation & Preservation Program (CAPP)
- Construction Technology
- Digital Audio
- Educational Pathways
- Intro to Building & Construction Trades at the Marin CTE Center
- Medical Assisting
- For more information go to: 📍 marinschools.org & search under: "For Students" > "College & Career Readiness" > "Regional Occupational Program (ROP)"

HOUSING

Community Action Marin

415.526.7500

555 Northgate Dr., #201, San Rafael

Mon-Fri 9am-5pm

✉ info@camarin.org

📍 camarin.org

HOUSING JUSTICE

- Community Alternative Response Engagement (CARE) Homeless Outreach offers vital support & assistance to unhoused people throughout Marin County. Call 415.847.6798
- Housing Information Specialists help members with a search plan & tools, shared housing options, Housing Choice Voucher (HCV) program (formerly known as Section 8), & subsidized housing
- Help for low-income Marin County residents & landlords to apply to receive rental assistance for back rent due between April 1, 2020 through the present. (ends 12/31/23) ✉ rental@camarin.org or call 415.223.1478

Marin Housing Authority

415.491.2525

4020 Civic Center Dr., San Rafael

Mon-Fri 8am-4:30pm

📍 marinhousing.org

- Referral-based supportive housing programs
- Information & referrals for individuals, families, & seniors
- Affordable housing & Housing Choice Voucher (HCV) program (formerly known as Section 8) listings
- Information on emergency food & shelter
- Home buyer assistance center workshops
- Special programs for seniors, people with disabilities, & families

Ecumenical Association for Housing (EAH)

415.258.1800

22 Pelican Way, San Rafael

Mon-Fri 9am-5pm

📍 eahhousing.org

- Develops, manages, & promotes quality, affordable housing addressing the needs of low-income families & older adults living in Marin County
- Provides affordable rental & permanent housing to people, regardless of income or ethnic background

OTHER HOUSING RESOURCES

Marin Center for Independent Living (CIL) 415.459.6245
 United Way Bay Area 800.273.6222 or dial 211
 Ritter Center 415.457.8182
 Canal Alliance 415.454.2640
 North Marin Community Services 415.892.1643
 (Emergency rental/mortgage & security deposit assistance for Novato residents)



HOUSING DISPUTES

Fair Housing Advocates of Northern California 415.457.5025

314 Lincoln Ave., #A,
 San Rafael
 Office Mon-Fri 9am-4pm
 Intake Mon-Fri 9:30-2pm
 (All other times by
 appointment only)
fairhousingnorcal.org

- English, Spanish & Vietnamese
- Investigates & provides counseling services in cases of housing discrimination, pre-purchase, counseling & education, & foreclosure prevention
- Community education program on issues of diversity & tolerance
- Tenant & landlord trainings on housing laws

Marin County District Attorney Consumer Protection Unit 415.473.6495

3501 Civic Center Dr., #145,
 San Rafael
 Mon-Fri 8am-noon
 and 1-4pm
[marincountyda.org/
 service/consumer-
 protection-unit](http://marincountyda.org/service/consumer-protection-unit)

- Advice & mediation on landlord/tenant & neighborhood issues
- Spanish-speaking help available

OTHER HOUSING DISPUTE RESOURCES

Marin Center for Independent Living (CIL) 415.459.6245





TREATMENT PROGRAMS (DRUG & ALCOHOL)

Marin County DUI Program

415.453.9980

3240 Kerner Blvd.,
Room 107, San Rafael
Office Hours Mon-Thurs
10am-6pm & Fri 10am-3pm
In-person Services
(by appointment only)
📍 dui-marin.org

Marin County DUI Program
offers Court & DMV mandated
programs for persons cited for
driving under the influence

- Program includes education & group counseling
- Registration is done by appointment only. Registration takes between 2 & 4 hours to complete
- Call for class schedules and registration appointment
- Programs conducted in English & Spanish
- Four programs for first offenders determined by the Court
 - 12 Hour Education Program
 - 15 Week Program
 - Six Month Program
 - Nine Month Program
- For Multiple Offenders: 18 Month Program consisting of education, group & individual counseling, & community re-entry

Alcoholics Anonymous (AA)

415.499.0400 (English)

415.824.1834 (Spanish)

Mon-Sun/24 hours

📍 aasfmarin.org

- 12-step program to quit drinking
- Call or see website for meeting times & Marin County locations

Marin Al-Anon/ Ala-Teen

415.455.4723

📍 marinal-anon.org

Support for family & friends of
alcoholics or addicts

- Call or see website for meeting times & locations
- Ala-Teen Program support groups for teenagers

Helen Vine Recovery Center

(Buckelew Programs)

415.492.0818

291 Smith Ranch Rd, San Rafael

📍 [buckelew.org/services/
the-helen-vine-recovery-center](http://buckelew.org/services/the-helen-vine-recovery-center)

- Licensed 30-bed, co-ed residential withdrawal management & substance use treatment program
- Short term detox & 45-day residential treatment
- For adults 18+. No children
- Open to Marin residents seeking recovery regardless of ability to pay, including self-referrals, Kaiser, MediCal, those who are unhoused, & self-pay

Center Point Inc

415.456.6655

1601 Second St., San Rafael

📍 cpinc.org

- Residential or out-patient care
- Sliding scale for Marin County residents
- Drug & alcohol recovery program
- Counseling, support, & follow-up care
- Perinatal men's & women's residential
- Sober living homes

Bay Area Community Resources (BACR)

415.444.5580

171 Carlos Dr., San Rafael

Mon-Fri 9am-5pm

📍 bacr.org

MARIN COMMUNITY RESOURCES

- North Bay School Based Counseling & Substance Abuse Services
- Alcohol/drug rehabilitation & referral service
- Referrals to detox, provides interim & short-term counseling
- After school & expanded learning program
- Behavioral & mental health support
- Healthy communities & schools
- National service (AmeriCorps)
- Youth WorkForce & Re-entry (Fiscal intermediary services)

OTHER TREATMENT PROGRAM RESOURCES

Marin County Behavioral Health & Recovery Services **888.818.1115**
Huckleberry House Youth Crisis Programs (Mon-Sun/24 hours) **415.621.2929**
Marin Treatment Center, Inc. **415.457.3755**
Marin Center for Independent Living (CIL) **415.459.6245**
Buckelew Programs **415.457.6964**

FINANCIAL ASSISTANCE

Adopt A Family of Marin

415.456.7805

35 Mitchell Blvd., #16, San Rafael
Mon-Thurs 9am-5pm
(by appointment only)

✉ info@adoptafamily.org

🌐 adoptafamily.org

- Helping Marin County families get back on their feet with a commitment to end homelessness
- Help with security deposits, rent, car repair, utilities, food vouchers

Reach

(Salvation Army)

415.459.4520

351 Mission Ave., San Rafael
Tues-Thur 9am-noon & 1-3pm

🌐 sanrafael.salvationarmy.org

- Call for Reach Program information
- Help with payment of PG&E utilities during financial hardship

Community Action Marin

415.526.7500

555 Northgate Dr., #201,
San Rafael
Mon-Fri 9am-5pm

🌐 camarin.org/getservices

ECONOMIC JUSTICE

- Financial & credit coaching helps people manage finances, build savings, create spending plan, improve credit, decrease debt, improve credit scores, & more
- Trained volunteers guide Marin residents through matters such as reporting on public benefits & claiming the Child Tax Credit & the Earned Income Tax Credit (EITC), so they can claim tax benefits for which they're eligible



Marin County CalWORKS

877.410.8817

Call Center Mon-Fri 7:30am-4pm

🌐 marinhhs.org/calworks

- Public assistance program that provides cash aid & assistance to low income families that have children living at home, to meet their basic needs
- Provides education, employment, & training programs to help families get jobs & move towards self-sufficiency
- Apply at 🌐 benefitscal.com

LOCATIONS

- 120 N. Redwood Dr., 3rd Floor, San Rafael, Mon-Fri 8am-4:30pm
- 3240 Kerner Blvd., San Rafael, Mon-Fri 8am-4:30pm
- 1 Sixth St, Pt. Reyes Station, Mon-Fri 9am-noon & 1-4:30pm

Marin County Dental Care Foundation & Marin County Dental Society

415.472.7974

175 N. Redwood Dr., #130,
San Rafael

🌐 marindentalsociety.org

- Provides comprehensive dental treatment & education for the prevention of dental disease in underserved children
- Services include restorative dentistry, orthodontics, periodontics, endodontics, oral surgery, hospital dentistry, & mobile dentistry

OTHER FINANCIAL ASSISTANCE RESOURCES

United Way Bay Area 800.273.6222 or dial 211

AGENCIES WITH LIMITED FUNDING FOR EMERGENCY SITUATIONS

Canal Alliance 415.454.2640

Ritter Center 415.457.8182
(rental assistance only)

North Marin Community Services 415.892.1643
(rental & financial assistance)

Reach (Salvation Army). 415.459.4520

West Marin Community Services 415.663.8361

RECREATION

Bay Area Discovery Museum (BADM)

415.339.3936

557 McReynolds Rd., Fort Baker
(at foot of Golden Gate Bridge)
Open year-round
Wed-Sun 9am-4pm

✉ contact@badm.org

🌐 badm.org

- Children's museum with exhibitions & daily programs for children 6 months to 10 years of age
- Fun, hands-on STEM & art experiences that develop 21st century skills
- A space for imaginations to run wild in a combination of indoor & outdoor spaces

WildCare

415.456.7283

76 Albert Park Lane
(at B Street), San Rafael
Check website for opening hours & closures required to protect wildlife.

🌐 discoverwildcare.org

- This facility serves as a hospital for injured, ill or orphaned native & migratory wildlife
- Visitors can view several different animals on the grounds
- WildCare center tours
- Museum with wildlife & hands-on activities for children
- Free admission

Muir Woods National Park Monument

415.561.2850

Open year-round 8am to sunset
dependent on weather

🌐 nps.gov/muwo

- Entrance fee \$15 for 16 years & older. Free to 15 years & under
- Reservations are required for vehicle parking & shuttle service. Reservation fees are not included in the entrance fee
- Visitor Center open 8am to 30 minutes before sunset
- Muir Woods Trading Company & Cafe are open 9am to one hour before the park closes
- There is no lodging & no camping in Muir Woods. Lodging & campsites available close to the park. See website for information

San Francisco Zoo & Gardens

415.753.7080

Sloat Blvd. @ The Great Highway,
San Francisco

Open year-round 10am-5pm

🌐 sfzoo.org

- Admission tickets & reservations required. See website for updates & to purchase tickets
- Home to over 2,000 exotic, endangered & rescued animals representing more than 250 species & lovely peaceful gardens full of native & foreign plants

Angel Island State Park

415.435.5390

San Francisco Bay
(accessible only by boat or public ferry). Open year-round dependent on weather

🌐 parks.ca.gov/angelisland

- Access to island varies by season. Off season Nov-Mar. Check ferry schedules for every visit, as schedules are subject to change & cancellation
- Public ferry tickets are round-trip
- Admission fee included in ferry fee
- Own boat: \$15 per day, \$30 per night for boat docking
- Bike/hike, boat, camp, fish, picnic, & tours
- Summer camp for kids. Call 415.435.4355 or visit theranchtoday.org
- Visitor Center provides self-guided history & overview of island
- Bring your own food or go to angelisland.com for food options on island

China Camp State Park & Beach

415.456.0766

101 Peacock Gap Trail, San Rafael
Open year-round

Mon-Sun 8am-Sunset

🌐 friendsofchinacamp.org

- Free admission (\$5 parking)
- Snack shop is open on weekends. Food, beverages, & ice cream are available
- Museum, picnic areas, hiking/ biking, swimming, boating, windsurfing, horseback riding, & camping

California Academy of Sciences

415.379.8000

Golden Gate Park, 55 Music
Concourse Dr, San Francisco
Open year-round Mon-Sat 9:30am-
5pm, Sun 11am-5pm
Thurs NightLife (21+ years) 6-10pm

🌐 calacademy.org

- A museum dedicated to regenerate the natural world through science, learning, & collaboration
- Exhibits include Steinhart Aquarium, Morrison Planetarium, Osher Rain Forest, & Kimball Natural History Museum
- Reservations required. See website for ticket prices
- Tours, specialty programs, & group tickets pricing
- Food available at the Academy Café & Terrace Restaurant





TRANSPORTATION

Golden Gate Transit Bus & Ferry Services

415.455.2000

Customer Service Mon-Fri
7am-6pm

Bus Terminal at Heatherton
between 2nd & 3rd streets,
San Rafael

goldengate.org

See website for maps & fares

Department of Motor Vehicles

800.777.0133

75 Tamal Vista Blvd., Corte Madera
936 Seventh St., Novato

Mon, Tues, Thur, Fri 8am-5pm
& Wed 9am-5pm

dmv.ca.gov

- Drop in or call for an appointment
- California Driver's license & state identification card
- Vehicle registration & related services

Marin Transit

415.226.0855

711 Grand Ave, #110, San Rafael
Mon-Fri 9am-5pm

(See website for full schedule)

✉ info@marintransit.org

🌐 marintransit.org

- Responsible for planning & providing local public transit in Marin County
- Marin Transit offers 30 total fixed route services & a suite of Marin Access programs & services designed for older adults & people with disabilities that cannot or choose not to drive

PROGRAM OFFERINGS:

- ADA complementary paratransit
- Volunteer Driver reimbursement program
- Subsidized taxi rides
- Travel Navigator is the one-stop center to receive personalized eligibility & program information. Travel Navigator can be reached by text or calling 415.454.0902

OTHER TRANSPORTATION SERVICES

Vivalon Rides (formerly Whistlestop/specialized transportation & medical rides for older adults & people with disabilities) **415.454.1098**

Marin Airporter **415.461.4222**

Marin Door to Door (Airport Shuttle Service) **415.870.8787**

Trips For Kids (Bike Thrift Shop & Related Services) **415.458.2986**

UTILITIES



AT&T Residential Telephone (Internet required) **844.834.1124**

Community Phone (Discounted service/landline only) **866.869.5475**

California LifeLine (Statewide program that provides discounted home phone & cell phone services to eligible households) 🌐 californialifeline.com
Call Center Mon-Fri 7am-7pm (Pacific Time)

English **866.272.0349** **Spanish** **866.272.0350**

TTY **866.272.0358** **Chinese** (Mandarin/Cantonese) . **866.272.0356**

Pacific Gas & Electric (PG&E)

English **800.743.5000** **Spanish** **800.660.6789**

Marin Municipal Water District **415.945.1455**

Marin Sanitary Services (Garbage) **415.456.2601**

Serving San Rafael, San Anselmo, Ross, Kentfield, Kent Woodlands, Fairfax, Greenbrae, Larkspur, & other unincorporated areas of Central Marin County

Mill Valley Refuse (Garbage/Recycling) **415.457.9760**

Serving Almonte Alto, Belvedere, Corte Madera, Homestead, Mill Valley, Strawberry, Tiburon, & several unincorporated areas of Marin County

Bay Cities Refuse (Garbage/Recycling) **415.332.3646**

Serving Southern Marin: Sausalito, Marin City, & Surrounding Unincorporated Areas

Recology Sonoma Marin (Garbage/Recycling) **800.243.0291**

Serving Novato, Stinson Beach, Bolinas, & West Marin

Marin Recycling, San Rafael (Curbside hazardous waste pickup) . **415.453.1404**

Community Action Marin **415.526.7500**

555 Northgate Dr, #201, San Rafael, Mon-Fri 9am-5pm, 🌐 camarin.org/getservices

Provides energy & water assistance to income eligible households

Low-Income Home Energy Asst. Program ✉ LIHEAP@camarin.org

Low-Income Household Water Asst. Program ✉ LIHWAP@camarin.org

OTHER UTILITY ASSISTANCE RESOURCES

United Way Bay Area **415.808.4300** or dial 211

Adopt A Family of Marin **415.456.7805**

West Marin Community Services **415.663.8361**

Reach (Salvation Army) **415.459.4520**

IMMIGRATION

United Way Bay Area 800.273.6222 or dial 211

Help Line Mon-Sun/24 hours/
Linea de ayuda 24 horas
(Multiple Languages Available)
550 Kearny Street, #1000,
San Francisco

✉ contact@uwba.org
📞 [211bayarea.org](tel:211bayarea.org)

- Information about immigration law, welfare reform, & social services
- Referrals for immigration services (no in-person services)

OTHER IMMIGRATION RESOURCES

Canal Alliance 415.454.2640
(Citizenship Classes & Support)

United States Citizenship & Immigration Services (USCIS) 800.375.5283

(English & Spanish)
Mon-Fri 8am-8pm (Eastern Time)
San Francisco District Office,
444 Washington Street,
San Francisco
(by appointment only)
🇺🇸 uscis.gov

YOUTH SERVICES

Big Brothers Big Sisters of the Bay Area 415.503.4050

1230 Preservation Park Way,
Oakland
Mon-Fri 9am-5pm
🌐 bbbsba.org

Mentoring program for children
6 to 15 years of age

Marin YMCA 415.492.9622

1500 Los Gamos Dr., San Rafael
Youth Kid Hours Mon-Fri 8am-
noon, Sat & Sun 8am-2pm
Tues & Thurs 4-8pm
🌐 [ymcasf.org/locations/
marin-ymca](https://ymcasf.org/locations/marin-ymca)

- Youth private, semi-private & group swim lessons
- Summer Camp programs, before & after-school care, & scholarships available

North Marin Community Services Wilson Avenue Center (Main Office) 415.892.1643

680 Wilson Ave., Novato
Mon-Fri 8am-5pm
Novato Boulevard Center
415.897.4147
1907 Novato Blvd., Novato
Mon-Fri 9:30-11:30am & 1-4pm
✉ info@northmarincs.org
🌐 northmarincs.org

- Employment resources & job referrals
- Emergency food & financial assistance
- Latino outreach & general services
- Childcare resources
- Therapy counseling
- Childcare for children 2 to 14 years of age
- Parenting Classes held three times a year in English & Spanish for parents of children who are in Middle School
- Development Playgroup (virtual & in person) for children 2 to 5 years of age
- Novato Teen Clinic – peer health promotion; teen volunteer opportunities

OTHER YOUTH RESOURCES

Huckleberry Youth Programs 415.258.4944
Canal Alliance 415.454.2640
Multicultural Center of Marin 415.526.2486



CRISIS LINES

POLICE/FIRE/MEDICAL

Emergency911
Non-Emergency 415.479.2311

MENTAL HEALTH CRISIS

National Suicide & Crisis Lifeline988
National Suicide & Crisis Lifeline Chat online 988Lifeline.org
Linea Nacional de Prevención del Suicidio..... 888.628.9454
CalHOPE 833.317.4673
Marin County Crisis Stabilization Unit 415.473.6666
Marin County Crisis Text Line Text: MARIN to 741741
Boys Town National Hotline (mental health/abuse/suicide)..... 800.448.3000
..... or Text: VOICE to 20121
Mobile Crisis Response Team (MCRT) 415.473.6392
Veterans Crisis Line 988 then press 1
Disaster Distress Helpline 800.985.5990

DOMESTIC VIOLENCE

Marin County Children & Family Services 415.473.7153
Marin County Adult Protective Services 415.473.2774
(60+ /18+ disabled dependent adults)
Center for Domestic Peace 415.924.6616
Community Violence Hotline (sexual assault)..... 800.670.7273
Rape, Abuse & Incest National Network (RAINN)..... 800.656.4673
National Domestic Violence Hotline 800.799.7233
National Child Abuse 800.422.4453

YOUTH

National Runaway Safeline 800.786.2929
Family Urgent Response System 833.939.3877
(current and former foster youth to 21 years of age/caregivers)
Trevor Lifeline (LGBTQ Youth 13-24 years of age) 866.488.7386
National Youth Crisis Hotline 800.442.4673

GENDER IDENTITY/SEXUAL ORIENTATION

LGBTQ+ Hotline 988 then press 3
LGBT National Hotline 888.843.4564
Trans Lifeline 877.565.8860

GRIEF

Buckelew Programs415.499.1195

SUICIDE

National Suicide & Crisis Lifeline 988
National Suicide & Crisis Lifeline Chat online 988Lifeline.org
Linea Nacional de Prevención del Suicidio 888.628.9454
Suicide Prevention (Buckelew Programs) 855.587.6373

HEALTH

Animal Bites (rabies control): Marin Humane Society415.883.4621
Marin Public Health 415.473.4163
Poison Control Center 800.222.1222
AIDS/HIV..... 800.367.2437

HOSPITAL EMERGENCY ROOMS

Marin Health: Greenbrae415.925.7200
Novato Community Hospital.....415.209.1350
Kaiser Medical Center: San Rafael.....415.444.2400

ALCOHOL/SUBSTANCE ABUSE

California Addiction Hotline866.210.1303
Substance Abuse National Helpline 800.662.4357
Alcoholics Anonymous (AA) 415.499.0400
Marin Al-Anon/Alateen.....415.455.4723





Thank you to these
Marin Community
Partners for their
help in producing
the guide.





Visit our website to
get services, volunteer,
or learn more!
camarin.org



555 Northgate Drive, Suite 201
San Rafael, CA 94903
Main: 415.526.7500
Fax: 415.457.9677

camarin.org